

PHI-LAMBDA TECHNOLOGY®

## **What is an Allergy From the Bio-Energetic Point of View and What Can we do Against it?**

*Starting from the day when scientists will begin to investigate non-physical appearances, scientific research within the following decade will progress more rapidly than it did in the previous few hundred years of scientific investigations.*

*Nicola Tesla (1856 - 1943)*

**A documentation of Theta-San Switzerland  
research & development of bio-energetic products and technologies**

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# CHAPTER 1

## A brief history of allergies

**A**llergic trouble has been known since times immemorial. The Egyptian Ebers-Papyrus (1550 B.C.) already describes asthma and possibilities to cure it. Even earlier, in 2640 B.C., it is said that King **Menes** died from an allergy following a wasp bite.

**Hippokrates**, the "Father of Medicine" (-460 - 377 B.C.) observed an allergy to cheese, and described in detail infant's asthma, pointing out that cold air can aggravate wheezing and cough. Breathing in of cold air as a trigger for asthma was only discovered in the eighties of this century.

One of the earliest treatments of asthma is described on Tables of the Assyrian and Babylonian people approx. 2025 B.C: "When the patient suffers from a wheezing cough .... mix roses and mustard, drop this mixture with purified oil onto his tongue, furthermore, fill a tube with this mixture and blow it into his nostrils."

This way of administration reminds us very much of modern inhalation methods.

Persian physicians of the 11th century knew pollen allergy. The old Chinese in-

haled herbs for the treatment of asthma and the Romans and Greeks in the 2nd and 3rd century combined certain attacks of asthma with emotional factors.

Concerning allergies, only little progress was made in orthodox medicine until the 18th century when a physician from Edinburgh/Scotland, **William Cullen**, first talked about "idiosyncrasy" (= hypersensitivity) when referring to patients who could not handle milk, eggs and crab-like animals. Undoubtedly he was referring to food allergies.

British physicians like **John Bostock** (1773-1845) and **Charles Blackley** (1820-1900), who were both suffering from pollen allergy, could prove in a series of experiments that grass pollen were responsible for the trouble and symptoms named "hay fever". **Leonard Noon** and **John Freeman** made their contribution in 1911 when proving that an injection with grass pollen extracts in water could alleviate the trouble.

Microscopic examinations, starting at the end of the 19th century, gave the scientists the possibility to observe and

describe in more detail changes in the course of various diseases. In 1878 **Paul Ehrlich** from Germany (1854-1915) was the first to describe mastocytes in the connective tissue of the lungs, and he postulated that they served as "storing cells". 50 years later it was found that mastocytes are a potential source for many biochemical substances that are set free in an allergic reaction. Thus the way was paved to actively treat allergies, for traditional medicine the still typical way of treatment: It was aimed at preventing the mastocytes from setting free the substances that lead to the allergic reaction of the patient. But everybody suffering from such a trouble knows that this has also led to quite a number of undesirable side-effects.

Two pediatricians of Vienna/Austria, **Von Pirquet** and **Bela Schick**, were the first who suggested in 1906 that when talking about "allergies" this should describe an unusual phenomenon that they had discovered in some few children. They had observed that after the second or third diphtheria vaccination some babies and infants showed strong reactions like high fever, signs of shock or breathing trouble, which sometimes even resulted in the death of the patients, and the reason of which was obscure. They established the theory that the first diphtheria vaccination had changed the body's reaction to the vaccinations that followed.

The word "ALLERGY" comes from the Greek words *allos* = different, and *ergein* = to react.

We know today that Von Pirquet and Schick described anaphylactic reactions to the proteins of horse serum, which was then used in vaccinations. "Anaphylactic" means "extreme sensitivity" towards an injected allergen, e.g. **protein**, occurring after a **vaccination**.

The German scientist **Carl Prausnitz**

(1876-1963) who suffered from pollen allergy, and his patient, **Heinz Küstner** (1897-1961) who was allergic against fish, proved that allergic sensitivity can be transferred from one person to another. A small amount of Küstner's blood serum was injected in Prausnitz left arm, and 24 hours later a fish extract was applied onto the arm. Within a few minutes a red, small, itching and little swollen irritation developed: the skin test proved positive. We still talk about the **Prausnitz-Küstner-Test**, or also passive transfer test.

In the twenties two American physicians, **Coca** and **Cooke**, established the expression "atopy" (Greek; 'strange disease'), and they suggested that this word would apply for all allergy-patients with a **family** or **inherited** history of asthma, hay fever, eczema and the like.

The word atopy has meanwhile received various meanings. It is often used to describe an allergy and its variations such as food allergy, hyperactivity in children etc. Some prefer to have the word atopy used only for problems related to a production of immunoglobuline (IgE) as a reaction to allergens in our environment.

In the sixties, the American couple **Kimishige** and **Teruko Ishizaka**, isolated a component from the blood of allergic people which had entirely different characteristics to all protein elements known so far. They found that this specific protein carried the reaction activity which is related to some allergic reactions. The World Health Organization, WHO, named this new immunoglobulin group "IgE", and two British immunologists, **P.H.G. Gell** and **R.R.A. Coombs** made a classification of allergic reactions. This led to a better understanding of the complicated mechanisms.

Based on these findings and with the aid of the various possibilities of using **PHI-LAMBDA-TECHNOLOGY®**, the

Swiss natural scientist and bio-researcher **André E. Oefell** developed products which allow people with an allergy to live a regular life. These products have been

available since the end of the eighties. You will read more about the function and mode of action of **PHI-LAMBDA Products** further on.

# CHAPTER 2

## Do allergies exist?

### A critical view on the term 'Allergy'

**I**t seems justified to ask the question whether allergies exist at all, if we read that in 1996, over 35 % (that's approximately every 3rd person) of the population of Germany and Switzerland was diagnosed to suffer from an allergic symptom. In the sixties still only every 100th citizen was found to have "an allergy". Doubts must arise when observing these figures, in that several problems might be diagnosed as an allergy when they should really have another name.

Thorough examination of the patients revealed that the cause of disturbances which were commonly named "allergy", had other factors. Indeed, most patients believe that with the diagnosis "allergy", the cause of the disease is known. This is a **very serious error!** The worse conclusion the patient draws from such a diagnosis is that his disease is incurable. He supposes that an allergy is the cause of his sickness, and that "it is bad luck". Since he comes to this conclusion, and since he

believes that he just has to live with this, he obviously also believes that he cannot be cured. This is why indeed most allergies are regarded as a kind of destiny the patient has to live with!

### An allergy is a *symptom*, and therefore curable

**A**n allergy is *not* a natural property in every living organism which can break out some day. An allergy is being acquired. The organism suffering from an allergy (or rather **what gives life to an organism - LAMBDA**) was **healthy** before acquiring the allergy - and as a conclusion can be **cured** to be healthy again.

It is therefore obvious that in the strict sense an allergy cannot be the cause of a disease, but that it only represents an **explanation** for the fact that a person has fallen ill. In other words: **Every allergy has causes and triggers (restimulators)**. The allergy itself is therefore not the cause for a disease, it rather represents a disturbance that has causes. According to A.E.



Oefeli these causes can be found in the "bio-energetic field" (LAMBDA) of a living organism.

### "Allergy" as a diagnosis is insufficient

It is necessary to investigate the term allergy. A biological body has various reactions which in medical terms are named 'normergy, hyperergy, hypergia, anergy and allergy'.

**Normergy** signifies the normal reaction of an organism to outside influences. "Normal reaction" means a reaction which occurs in a majority of people. Some people react **hyperergically**; they over-react, and some react **hypergically**; they under-react. In rare serious diseases it happens that no reaction occurs at all. We then speak of **anergy**.

**Allergy** generally means that the body shows a **different** reaction than it normally does, or in other words; the reaction is different to what the physician would commonly expect. As already mentioned, the term allergy comes from the Greek *allos* = different and *ergein* = to react.

The expression of "a different reaction" naturally can be extended almost **endlessly**, since in the strict sense of the word, every disease is a different reaction to what is expected from a "normal" person. The term "allergy" has therefore little meaning because a 'different reaction', does not indicate anything precise. It shows us also why this term has been so widely spread and has almost become a 'fash-ionable', although unprecise diagnosis!

### "Allergy" is an arbitrary expression

Let us look at a few examples: In the case of an epidemic flu, every organism shows a different reaction to the microorganism (virus). One person does not get sick at all, one gets only slightly sick and yet another person will be seriously ill. Also, this sickness will have various symptoms. We can therefore say that in a flu-epidemic the people who are sick and show the common symptoms of a flu, react **normergic**. Those who react differently, react **allergic**.

Like this **every** disease could be called an allergy, or how could we explain that one organism does not react at all whereas another will react with a disease with various symptoms? Where is the borderline of an *allergic* reaction?

The term allergy is therefore rather arbitrary. A closer look shows us that it is mostly used in symptoms of the **skin** and **mucous**, whereas rheumatic disorders are not called "muscle allergy". Neither are certain reactions of the heart and autonomic nervous system called an allergy.

Various reactions to infectious pathogens generally are not regarded as allergic, whereas it is common to speak about an allergy when the body reacts to a chemical compound. In earlier days this was called "**incompatibility**". If a patient reacted with stomach trouble after taking an alopatic medication, this was not regarded as an allergy. However, if the patient reacted with some skin trouble, this was and is called an allergy. This explains why almost all skin disorders are now regarded as allergic, whereas diseases of the inner organs are not. Caries, for example, would never be regarded as the teeth's allergic reaction to refined sugar, nor would adiposis be regarded an allergic reaction to the uptake of refined carbo-

hydrates. Such a terminology, however, would be quite appropriate, because not every person eating refined sugar will get caries, nor does every person who eats refined carbohydrates suffer from adiposis. Some people will gain weight when eating sweets, whereas others even lose weight.

More examples could be added to this list. It can be concluded, however, that every disease can be explained only with the special way of reaction of the patient himself. Therefore, *everything could be called an allergy.*

### Insufficient research in the *cause* - allergy fills the gap

**B**efore the "creation" of the diagnosis *Allergy*, physicians were often at a loss as to naming the cause of a disease. Many disorders are diagnosed as an allergy, often because **their cause is unknown**. Medical science must still invest a lot into research of the causes of a disease. **Research in this direction is almost non-existent at this time** and often only symptoms are observed. If an organism reacts differently, which means with a disease, this must have a **reason, a cause**. This brings us to the key problem of the allergy: the fact that basic research of the cause is not being done so often in traditional medicine, and therefore physicians still limit their therapy to alleviating symptoms instead of *healing* the disease by **dissolving the cause**.

A patient who asks his physician why he is sick, expects an answer as to the reason of his problem. Often the cause is unknown and the answer will therefore be: "It is a circulatory problem", or "it has to do with the thyroid", or else "this is a hormonal problem", etc etc. However,

this does not inform the patient about the **cause** of his circulatory problem, of his thyroid problem or of his hormonal imbalance. **The name of the actual disease, is not its cause!**

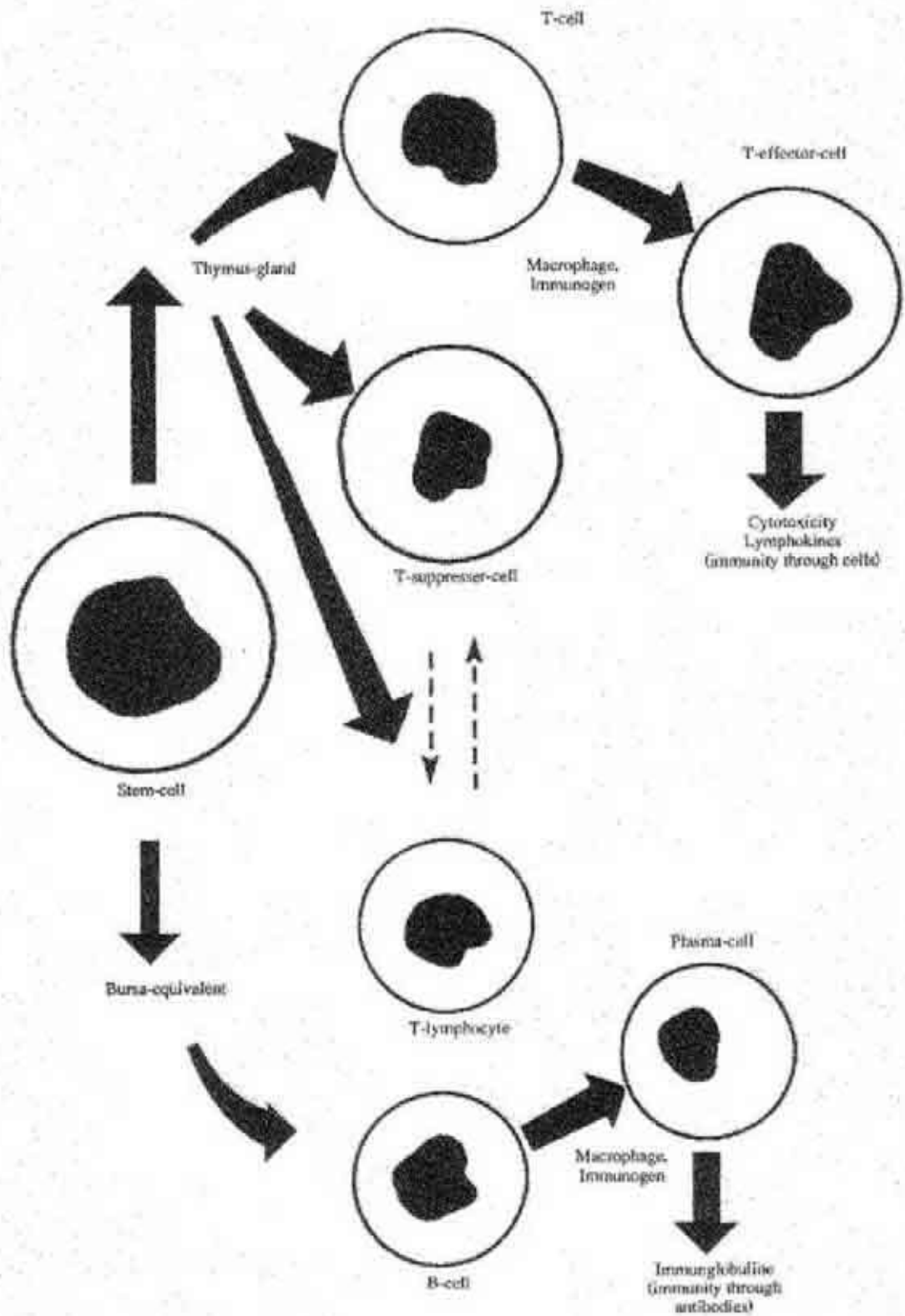
Also universities often do not teach that rheumatic disorders are to a very large part caused by the **"modern" way of nutrition**, and that they almost always have their cause in **"mistakes"** in the **"metaphysical field"** of the body (LAMBDA). Causes for rheumatism are either regarded as unknown, or are regarded as the normal aging and wearing process, just as if using our limbs or getting old would cause diseases!

People are often unaware of the fact that industrially produced low-nutrition food, such as white flour, white refined sugar and fats are **also** responsible for the cause, or rather the restimulation and triggering of such diseases.

Since these factors are ignored, the real cause cannot be found. The reason for a very large number of diseases related to nutrition of the so-called "civilized world" lies in the 'modern' way of eating. Diseases that are not directly food-related, such as those of the locomotor system, are often regarded as allergic diseases, in want of a better understanding. As we have already mentioned, most skin diseases, even when caused by food-up-take, are regarded as allergic reactions. This holds true for **excema** (often termed **"neurodermitis"**) as well as to some extent also for **psoriasis** and a series of other skin disorders. Problems in the **mucous, nose- and throat trouble, tracheal and bronchial diseases** are not recognized as being triggered by false nutrition, and are therefore also regarded as allergic.

It can however be shown that chronic diseases of this kind can only remain in the body through food with low nutritive value. If the patient changes his diet to

## The cells of the immune-system



food with a high nutritive value and leaves out industrially produced food as well as animal proteins, these diseases can be cured. This also applies to **asthma-attacks** which are caused by nutrition (besides being caused by the bio-energetically disturbing information). Naturally it must be mentioned that asthma of another cause does not fall into this category.

**Hay fever** is regarded as an allergy to pollen. Hay fever and so-called **allergic asthma**, which are said to be allergies to pollen, dust, mites, fungi and animal allergens (hair of horses, dogs and cats) are good examples to show that **the actual cause is unknown**. According to statistics, pollen are responsible for 11 % of the allergies, dust and mites for

8 % and animal allergens for 2.6 %. Science is making efforts to find the *cause* of these problems.

Pollen, mites, dust etc. are not the actual cause of the diseases mentioned above. They are rather the indication that the organism is not able anymore to handle them. A healthy body does not react to these factors that are in our environment all the time, and that affect everybody. Therefore, these factors ("restimulators") cannot be the actual *cause* of the trouble. **The cause must be searched in the sickness-producing reaction of the organism, which in itself must have a reason.**

If the **actual cause** is ignored, basic research gets stuck and ends up with the factor "allergy", saying that the body reacts to such factors because it is allergic.

**To give a very simple example of this, we may say that a person is rich because he owns a lot of things. This means that his property is the reason (cause) of his wealth.**

## CHAPTER 3

### What happens in a biological system in case of an "allergy"?

**W**hen a harmful organism or substance enters the human or animal body, a series of defense mechanisms is set to work in order to protect the body from possible damage. This also applies to plants, even though in a less pronounced way.

The defense mechanism which has the ability to recognize a variety of outside factors, to "remember" them and to handle them, is called the *immune system*.

In general, the immune systems fights against influences from outside, but not against the own body. Nevertheless, if for some reason or other something goes wrong, it can happen that the immune system begins to fight its own body, and can thus cause harm in the organs. This is called **auto-immunity** and is e.g. found in children with a special kind of kidney disease, or with chronic rheumatism of the joints.

Allergic babies or children can have an immune system that causes damage. It

synthesizes or produces special "protective" substances when exposed to an allergen, the so-called **immunoglobuline-E antibody**, or **IgE**. If a child is exposed to a same or similar antigen as it has been exposed previously, an allergic reaction occurs, because the child is **sensitized** to it and the body therefore produces the typical pharmacological substances (also called "**mediators**") which then often cause specific and often reproducible trouble like hay fever, asthma, excema, etc. Such reactions occur very rapidly, within minutes and can lead to yet other reactions within hours or even days.

The cells of the immune system that are capable of recognizing and reacting to the many thousand different protein substances are called "**lymphocytes**". The word comes from the Latin "lymph" meaning 'clear water'. The lymphocytes are highly specialized white blood corpuscles. They are spread all over the body; in the **blood**, in the **bone marrow**, in the **lymph nodes** and in the **lymph**

tissue of the stomach and intestinal tract.

The immune system principally consists of two parts: the **cells-related** part and the '**humoral**' part (Latin: humor = humidity; related to the body liquids).

Lymphocytes that contain the **cell-related** part are called **T-Lymphocytes**, because they ripen in the **thymus gland** which is in the upper part of the chest close to the heart. They get active to kill **virus, parasites and moulds**, and they are involved in casting off transplanted organs. A sub-group of the T-lymphocytes is called '**helper-cell**', another '**suppressor-cell**' because they either increase or decrease an immune reaction.

Lymphocytes that contain the **humoral** part, are called **B-Lymphocytes** and their main function is to produce antibodies after contact with a foreign protein; they produce the protective **immunoglobuline**. It has not been fully explained so far where precisely the B-lymphocytes originate. The "B" in the name comes from the bird in whose organs they were first found: the **Bursa fabricii**.

Not all foreign **agents** (chemically active ones, pathogenic) lead to the same immune reactions. If an agent can react with antibodies it is called **antigen** or **allergen** - indicating that it promotes production of **IgE-antibodies**. It has certain characteristics so that it is either more or considerably less **immunogenic** than other particles.

In general we talk about quite complicated proteins and the reaction they can cause depends on the dose, on the way they get into the body (some substances can be eaten whereas they cause harm when breathed in), on how often they enter the body and, a very important point, on the genetic factors (the **qualitative condition** of the bio-energetic field - **LAMBDA** - ) of a body.

Immunoglobulines (or antibodies) are produced by B-lymphocytes and are found almost in every part of tissue and body liquid such as sweat, blood, saliva, mother's milk etc. They have similar structures and can combined with or fix themselves to an allergen.

So far five different kinds of immunoglobulines have been discovered:

1. **IgG**: About 75 % of the total immunoglobuline in human blood are IgG. IgG consists of 4 sub-groups:

- IgG<sub>1</sub> = 60-70 %
- IgG<sub>2</sub> = 15-20 %
- IgG<sub>3</sub> = 4-8 %
- IgG<sub>4</sub> = 2-6 %

It is the only immunoglobulin which is transferred from the mother to the baby. Therefore it protects the new born child against many **infections**. It has been found that IgG<sub>4</sub> binds to the mastocytes and is often brought into connection with allergic reactions causing asthma.

2. **IgA**: IgA is found in saliva, in excretions from the respiratory tract and mucous. It is passed from mother to child with the milk and gives local protection against various **pathogens**.

3. **IgM**: IgM is involved in various **immune processes** of the body, however, not in allergic reactions.

4. **IgD**: The function of IgD is not yet known.

5. **IgE**: In normal children blood concentrations are very low, whereas they rise in children with allergic disorders. It is assumed that the originally biological function of IgE-antibodies was to protect man against **parasites**, because it could be found in large numbers in the blood of children and adults with parasites. In developed countries it has become of importance because it causes acute allergic reactions when the allergen gets into contact with mastocytes or other specific cells

which are already connected with IgE.

Cells specialized in synthesizing IgE are in the **lymphatic tissue** of the body, in the digestive tract and in the respiratory tract. The synthesis of the overproduction of IgE is "genetically" controlled (LAMBDA) and is in close interrelation between B- and T-lymphocytes and the IgE-antibodies.

IgE antibodies can hardly be found in the blood of new born babies. Infants and children have more IgE antibodies, and at 14 years of age the level of an adult is

reached. It is believed that a high level of IgE in the blood, measured immediately after birth in the umbilical cord, indicates whether the baby will be more susceptible to allergies during the first two years of his life. Should this assumption prove correct, it can have great medical consequences in helping to early discover allergic disturbances and to be able to prevent them by breast-feeding or with special nutrition. Breast-feeding itself does not have an influence on the IgE-level in the blood.

# CHAPTER 4

## Immunological mechanisms in allergic disorders

Allergic reactions were subdivided into 4 main groups for easier understanding. It also helps to better understand the kinds of reactions that can occur. We must, however, bear in mind that such a classification does not explain a large variety of complicated processes that can occur in allergic reactions, and it is indeed a fact that more reactions, yet unknown to traditional medicine, exist, or can still appear at a later stage.

### Reactions of type I

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An allergy is caused (restimulated) via the IgE antibodies, even though in rare cases other groups of immunoglobulins can be responsible. The specific IgE antibody fixes itself to the mastocyte or to a basophilic cell (a circulating white blood cell that is called basophilic because it can be dyed with basic color).

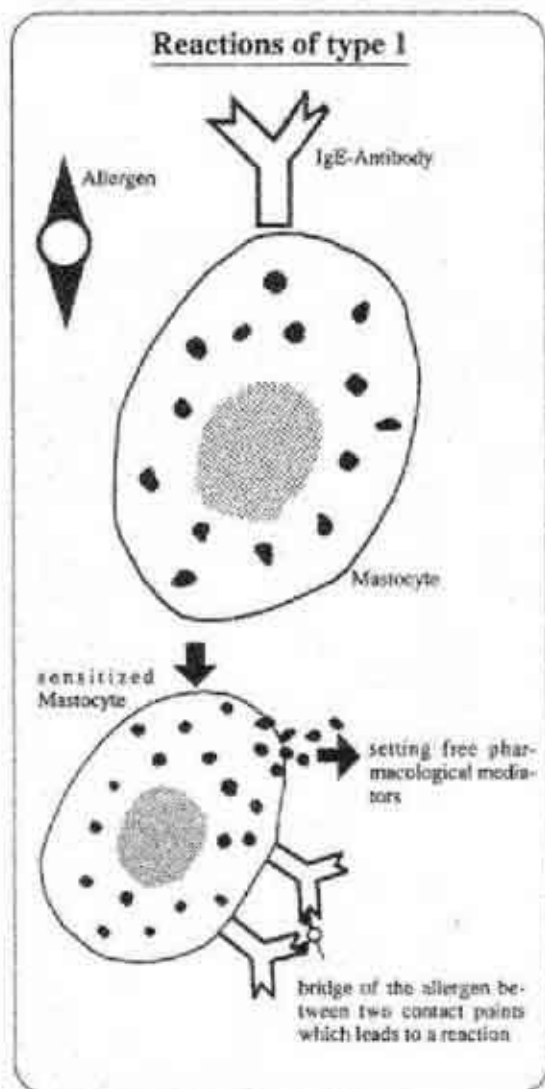
Mastocytes can be found in the lungs, in

the upper respiratory tract, in the intestinal tract and in the skin. They contain histamine corpuscles and other active, pharmacological substances which are set free by the cells and can then cause an allergic reaction that leads to the typical problems like asthma etc. These symptoms occur very rapidly, normally within 10 minutes, and are therefore called "acute allergic reaction".

The most important antigen set free in such a reaction is **Histamine**. It leads to a dilatation of the blood vessels for better flow of the tissue fluid. This can cause swelling of the skin. Histamine causes the mucous of the lungs to swell, and the muscles around the respiratory tract to contract. This leads to a contraction of the bronchi and to an overproduction of mucus in the respiratory tract, which in turn, of course, causes it to get even tighter. Breathing problems and frequent attacks of cough to free the respiratory tract from the mucus follow. Later heavy breathing occurs accompanied with a



### Reactions of type 1



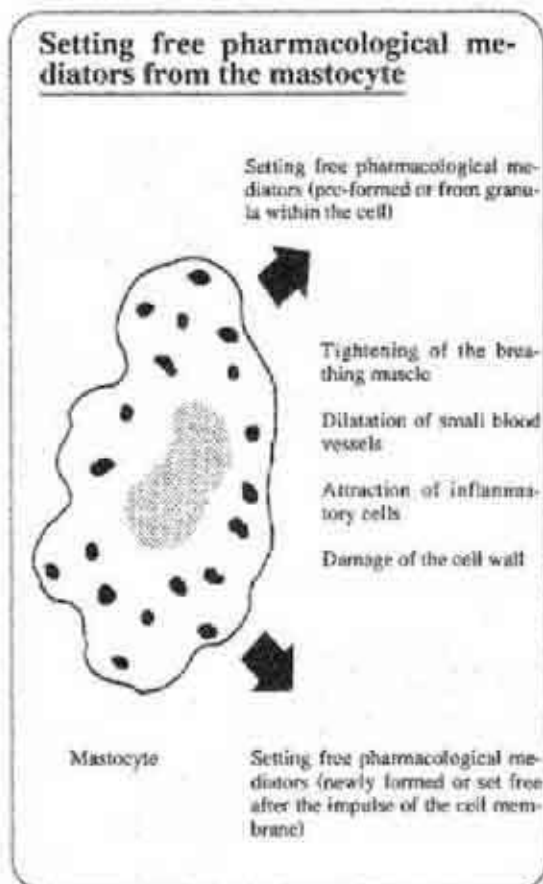
noise that occurs when the air is pressed out of the lungs through the contracted bronchi - signs of asthma.

Large amounts of mucus in the nose lead to swelling of the mucous membrane, to itching and sneezing. Histamine causes reddening and itchy spots on the skin.

Histamine is one of the first mediators of an allergy discovered. There are further mediators which are set free in such a reaction. Some of them still have to be researched.

The following scheme shows an allergic reaction as just described. In some people, mastocytes cannot only be damaged in such a process, but also by non-allergic

### Setting free pharmacological mediators from the mastocyte

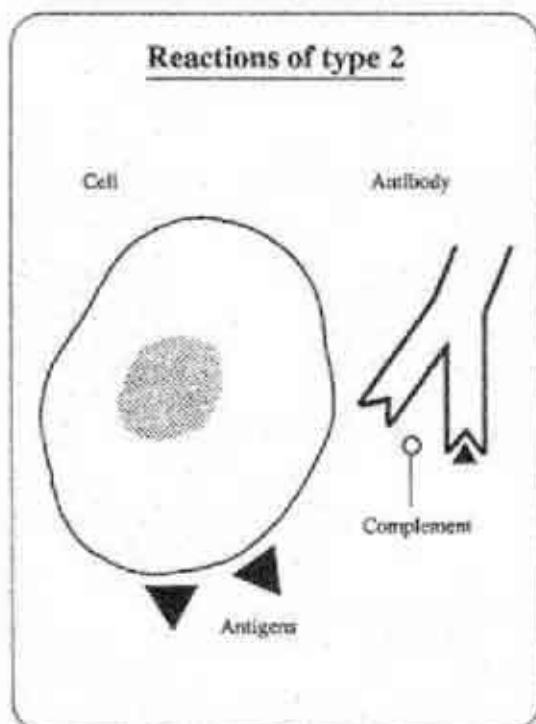


mechanisms that are not yet known. Whatever the cell damage, the clinical symptoms and indications afterwards are always the same: e.g. children who can repeatedly contract nettle rash (urticaria) caused by either a "real" allergy or by an incompatibility to certain food which is not related with the known immune-mechanisms.

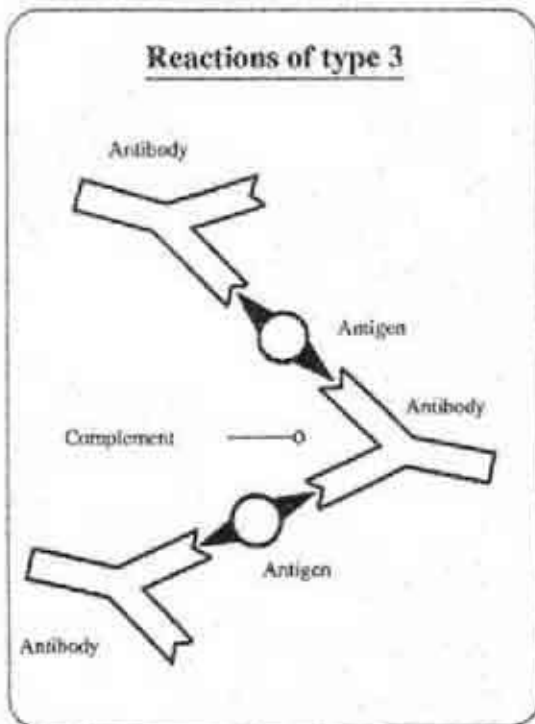
### Reactions of type 2

**I**n this type, the antibodies are circulating freely whereas the allergen is bound to the membrane of certain cell types. If the allergen and the antibody interact, a series of reactions occurs in which other "protective" proteins are involved. One of them is called the **complement**. This can lead to a damage of the

### Reactions of type 2



### Reactions of type 3



cells in various forms. One example is infant's anemia in which red blood corpuscles are very quickly destroyed.

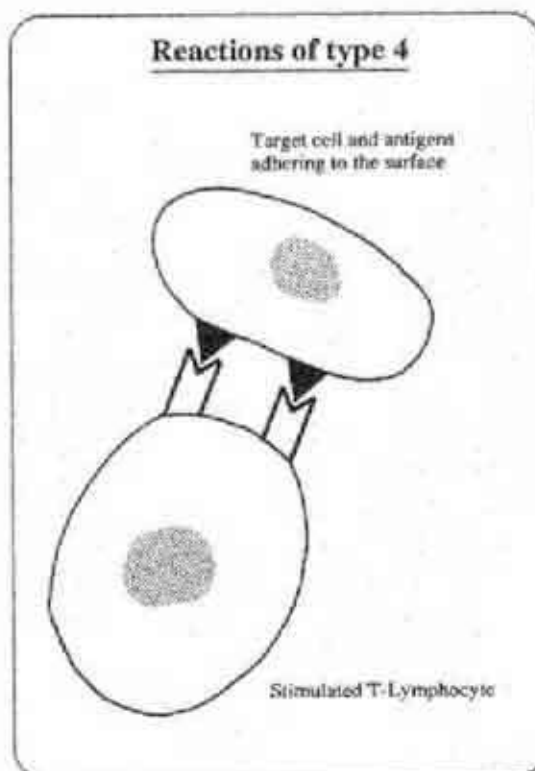
### Reactions of type 4

#### Reactions of type 3

The reaction of type 3 is rather complicated. Involved are **freely circulating antibodies**, which in general belong to group **IgG** as well as the **complement** and the local accumulation of allergens. A **complex** of allergens or antigens and antibodies is formed which is responsible for the damage of the tissue.

A classical example for the reaction of type 3 is **serum sickness**. A foreign **animal protein** penetrates into the human body, which leads to rapid synthesis of antibodies and the formation of the antigen-allergen complex, which leads to serious cell damage. Certain studies have shown that this reaction is sometimes caused by **food allergy**.

#### Reactions of type 4



**T**he type 4 reaction does **not** include antibodies. It occurs through **lymphocytes** from **thymus** which due to certain **receptors** are immunologically specific for the antigens. Such a reaction

occurs 12 to 48 hours after the contact with the antigen, and is called "retarded hypersensitivity reaction". An example is a contact excema or also the skin test which is made to test tuberculosis.

# CHAPTER 5

## "Diagnosis" with the aid of a test

**S**ince it is not officially recognized that the key of the problem lies in the way the bio-energetic field (LAMBDA) reacts and not in some antigen or allergen, more and more efforts are being undertaken to find the **harmful substance** which would be the actual cause of an allergy. In an allergy test a series of cloth points drained with certain substances are put onto the patient's skin, or certain substances are injected into the skin to see if reddening and/or swelling occurs. There can be no reaction at all, or a more or less strong reddening and swelling, usually like urticaria (nettle rash). It can be pale or red, and vary from pea size to the size of a hand and more. Like this any substance can be tested and it can also be established at what concentrations sensitivity occurs. Even a sensitivity to a dilution (potentising) of 1:1 000 000 000 000 ( $10^{-12}$  = D12) can be detected.

Such a test further reveals an interesting phenomenon: **at the beginning of an allergic disease the body reacts only to a few substances; the longer the sickness has been going on, the more substances**

**it reacts to with an allergy.**

**This is evidence for the fact that it is NOT the allergy-producing substance which is decisive, but the continuous change of the immunodefense!**

When the cause of the bio-energetic field's control of the body is not handled, allergic reactions to more and more substances will occur in following tests. On the other hand, when using PHI-LAMBDA products, the number of substances to which the body reacts **allergically**, is reduced.

It follows that rather than testing antigens, the reaction level of the organism should be tested. **This explains why desensitizing the patient does not lead to a lasting success, but remains on the level of alleviating the symptoms.**

The following example shows what can happen when the actual cause of an allergic reaction is not found.

In 1989 a physician specialized in allergies postulated that fresh unheated vegetable, raw fruit and seasonings are the major cause of allergies, because raw food which is not heated contains aller-

gens which would be destroyed in cooking.

This theory cannot be correct. **Vegetable and fresh fruit do not contain allergens and supposing they did, these allergens would not be destroyed during the heating process.**

There is certainly a series of anorganic substances of the pharmaceutical and chemical industry which are used in household and agriculture that can lead to allergic reactions in some people. However, a substance does not lose its harmful effect by heating (there is no difference in heated or unheated salt). **Heating anorganic substances does not cancel their toxic effect.** If it were so, this would solve the problem for all the toxins (poisons) in our world.

Traditional medicine does not realize or discuss, and even ignores the relation of food with the reaction to an allergen. The fact that in allergic reactions of all kinds the condition of the bio-energetic field of the organism (LAMBDA) as well as food is not taken into account, leads to many theories, like the above mentioned supposition that allergens are found in vegetables.

The solution to this raw-food theory would therefore be that an allergic person is forbidden to eat raw food, especially seeds, sellery, nuts of all kind, sesame, peas, beans, lentils, apples and other fruit, herbal teas like fennel, chamomile, all seasoning, ketchup, curry, sauces, bouillon, full corn bread and other full- and fresh corn products (because the corn in its center still contains raw flour), all kinds of seeds in baking stuff, but also cosmetics containing plant extracts!!! **It would be a rather sad life for such an unfortunate person! Also how could it be applied to everyday life?**

It goes without saying that an extreme diet plan can be quite useful for a short

time, however, the above theory would mean that the patient would have to continue this diet for a whole life, which in practice is impossible. Also, it would not be crowned by success, because **leaving out almost all vegetables, one must obviously eat animal food, and it is animal protein which is responsible for intensifying and supporting a large variety of allergic processes.** This factor is unfortunately (unknowingly?) left out in the above theory.

Also, the theory that mainly raw vegetable contain allergens, is intolerable and incorrect. **As mentioned above, allergens are not destroyed by heat.**

If allergens were lost when cooking vegetables, it would mean that they are in the valuable vitamins and enzymes, because vitamins and enzymes are partly destroyed by heat. **Cooked food loses part of its nutritional value due to loss of vitamins etc., which is a disadvantage for the metabolism.**

In fact fresh, raw food does not produce an allergy, but on the contrary, it is the best remedy against it. Not only because all nutritional values are present in their original, natural combination, but also because it contains all biological substances which are vital for the assimilation and utilization of food into the organism.

**It is not possible to get too much protein with a purely raw diet.** An oversupply of protein can only occur from animal products (although soja products can have the same effect too). A raw diet without animal proteins supports prevention and therapy.

It must be emphasized that onion, garlic, leeks, salt and vinegar do not cause allergies and are therefore not prohibited, quite to the contrary. With the exception of salt they are recommended. We mention them because in certain diet plans

they are forbidden.

A further example to show the theories that are used to explain allergies is an article of April 1989 wherein a representative of the German Society of Nutrition states that the **increase in food allergies cannot be explained with the higher pollution of our environment.** He postulates, however, that this increase

could be due to "new foods" on our tables, such as Kiwi fruits or raw porridge of full corns. Naturally, food industry would have to make major changes in attitude, should the consumers decide to live healthily with a high-nutritive full corn diet "as natural as possible", rather than eating ready made instant supermarket dishes.

# CHAPTER 6

## Confusion in the terms employed

**M**ore and more people claim to be allergic to certain foods if they cannot handle them very well. However, not being able to handle food does not mean to be allergic; it is rather a symptom of a disease. Not being able to handle certain food could indicate a pathogenic disturbance in the digestive tract. This disturbance can either be in the stomach, in the duodenum, in the small or large intestine or in the liver, in the gall bladder or pancreas.

The first step is therefore not prohibition to eat a particular food, but the **treatment** of the disturbance. When the disturbance has disappeared, the symptoms have gone and the food can be eaten again. During treatment of disturbances and diseases of the digestive tract, industrial food should be avoided, because they are very often the actual cause of a disorder. Even when the body has restored health, white flour, all refined sugars and saturated fats should be avoided in order to keep the body in steadily good health condition.

### Hay fever (Pollen Allergy)

Let us take hay-fever as an example for showing where the faulty conclusions lie.

If we consider hay fever to be an allergy to pollen, we must conclude that it cannot be cured. Traditional medicine regards hay fever as incurable. It can only be treated to alleviate the symptoms, e.g. with **antihistamines** or **cortisone** products. **However, such a treatment only suppresses the symptoms because the cause is supposed to be in the allergic reaction and therefore the actual cause is not treated or healed.**

### The antigen-antibody reaction in hay fever

The body, which has contracted hay fever, has once been a body that did NOT have hay fever! This means that the organism's antigen-antibody reaction was in perfect order! Even though pollen were always in the air, the body at that time did not react with hay fever. Therefore,

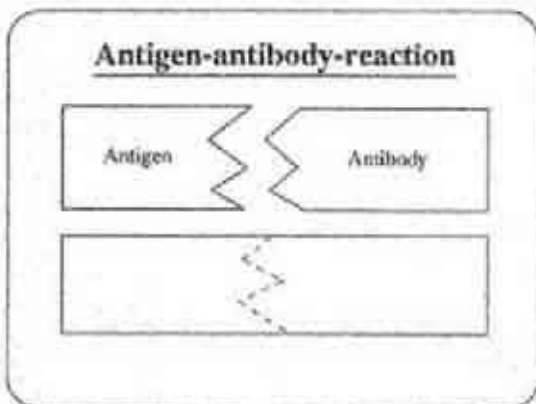
whether or not somebody gets an allergic disorder such as hay fever or other, solely depends on his body's developing antibodies to the antigens entering the organism.

Lack of antibodies leads to a disease. It is hardly possible to completely prevent various antigens from entering the body, therefore it is equally impossible to avoid (or heal) allergy by avoiding antigens. What must be done is trying to control the reason why no antibodies are formed and this lies in the bio-energy level.

**Naturally, the causes must be known!**

The antigen-antibody reaction occurs in the protein metabolism. From the biochemical viewpoint a disturbance in the formation of antibodies is due to disturbances in the protein metabolism. Disturbances in the protein metabolism can have 3 reasons:

- 1.) **False nutrition.** Mainly the uptake of **animal protein** leads to a strain on the metabolism;
- 2.) Direct consequences of "**mistakes in the program**" on the bio-energetic field of the living organism. This field is often called 'the aura', and A.E. Oefeli uses the term "**LAMBDA**". LAMBDA is a life-form, the "spiritual" entity which gives life to the organism with a definite purpose: to survive as an organism;
- 3.) As a consequence of a **combination** of points 1.) and 2.),



Behind every allergy we must therefore find the yet unknown cause of the disease.

**W**hat has been said until now definitely indicates that e.g. **pollen cannot be the direct cause of hay fever, but that this cause lies in the organism's particular reaction.**

It is understandable that the term 'allergy' is employed to explain the patient what his troubles are, because it is not known what caused a once healthy body to suddenly react to pollen! Until deeper research into the actual causes of such a disease is undertaken, this explanation will remain valid. It is also understandable that hay fever is therefore regarded as incurable. **However, the matter gets an altogether different aspect when we know that hay fever can be cured with a strictly animal protein-free diet!** When the allergy 'suddenly disappears', the theory about allergies starts to crumble and we see that the term "allergy" is only a term which really **hides the knowledge** about the true cause, because **behind every allergy lies an unknown cause of a "disease"**. If this cause gets to be known and treated, the "disease" disappears.

The term "allergy" is an aid to hypothetically explain "unhealthy" reactions or "out-of-the-norm" reactions of a body as long as it remains unknown why the individual reacts in such a way, and not in another.

WHAT WE HAVE EXPLAINED WITH THE EXAMPLE OF HAY FEVER APPLIES PRINCIPALLY ALSO TO OTHER "DISEASES" THAT ARE CALLED ALLERGIES.



# CHAPTER 7

## What can an allergic person do?

**W**e have seen that suffering from an allergy like hay fever is not a question of "destiny" that we have to live with, but that it can be cured. There are various ways to control or heal allergies and hereafter a few (the most efficient ones) will be explained.

### Change in diet

**T**he most important factor in the change of a diet is **avoiding animal protein for a considerable time**. Why 'for a considerable time'? Nutrition therapists/consultants say: "Since it takes a long time for a disease to manifest [we are not born with it!], it is important also to avoid animal protein for a long time." From the point of view of PHI-LAMBDA TECHNOLOGY® this viewpoint is not forcibly correct, nevertheless, it must be stressed that this method has led to really remarkable results. We shall look closer at this point in a further chapter called "Allergy from the point of view of PHI-LAMBDA TECHNOLOGY®".

If a patient strictly adheres to a diet free from animal proteins, he will notice after about 12 months that the hay fever has become considerably weaker. If he continues this diet strictly for yet another year, he can expect considerable improvement after the 2nd year, and **in the 3rd year the hay fever may not appear anymore at all**. It must be emphasized, however, that this success rate depends on strictly avoiding any animal protein. Not many people are ready to really follow such a strict diet, but those who do obtain very good results.

**Leaving out animal proteins means avoiding all animal proteins such as milk, joghurt, cheese, sausage, meat, fish, seafruits, eggs etc.**

Proteins from **dairy** products are mentioned in the first place because according to test experiences, of all food they are mostly responsible for the manifestation of hay fever.

The question whether a strict animal protein-free diet should be followed for a certain time only cannot be answered in the same way for everybody. **It depends**

very much on the intensity and special characteristics of the individual case. Generally, leaving out all animal protein has almost only advantages for health and can therefore be recommended also if no allergy to pollen or else exists. Experience has shown that the symptoms reappear after some time, when people start again to eat animal protein.

Nutrition with animal protein is a **problem of quality**, and thus the amount plays only a **secondary role**. Some people react already after having had a spoonful of milk, and naturally in such cases a simple reduction of animal protein will not lead to any improvement at all. Here only the *total cut* of animal proteins in the diet leads to the desired success. However, every person suffering from an "allergy" will himself be able to gain the necessary experience by closely observing himself.

The human **metabolism** is a **very complex system** and therefore it is equally important to avoid refined carbohydrates, and to eat a certain amount of fresh (raw) food and natural, highly unsaturated fats.

THE FACT THAT EATING "FORBIDDEN FOOD" USUALLY CAUSES ALLERGIC REACTIONS TO APPEAR ALMOST INSTANTLY, INDICATES THAT NUTRITION IS NOT THE ONE AND ONLY CAUSE BEHIND THE ALLERGY, BUT THAT IT REPRESENTS ONLY A SPECIAL CATEGORY OF TRIGGERS (RESTIMULATION). OR, OTHERWISE HOW COULD WE EXPLAIN THAT ONLY A VERY SMALL PERCENTAGE OF THE POPULATION WITH THE SAME NUTRITIONAL HABITS SUFFERS FROM ALLERGIC DISORDERS, WHEREAS THE LARGEST PART OF THE PEOPLE ONLY KNOWS ALLERGIES FROM HEARSAY?

THIS LEADS US TO THE MOST IMPORTANT, AND THE MOST INCON-

VENIENT QUESTION: WHAT IS THE REALLY TRUE UNDERLYING PRINCIPLE, WHAT IS THE REAL CAUSE OF THE PHENOMENON WE TERM "ALLERGY"?

We shall discuss this question below in our chapter "Allergy from the point of view of PHI-LAMBDA TECHNOLOGY®". But we would like to stress at this point that an allergic person should never despair if he hears that he must change the life style considerably and reorganize his life completely.

What can be said is that the above recommendations are not aiming at suppressing symptoms, but that they are a very efficient and acceptable way of "avoiding symptoms"; avoiding not suppressing!

The biochemical change that occurs in the body as a consequence of the change of the diet will lead to a radical change in the way and intensity of the body's reaction to allergens ("restimulators" on the level of the bio-energetic field).

ON THE OTHER HAND, THE TRUE CAUSE OF THE ALLERGY IS STILL LATENT AND THE BODY CAN ANY TIME GO BACK TO ITS "OLD REACTIVE PATTERN" AS SOON AS IT GETS THE POSSIBILITY; FOR EXAMPLE IF THE DIET IS NOT FOLLOWED AND THE PERSON EATS AN ALLERGY PRODUCING SUBSTANCE, SUCH AS MILK.

### Treatment with homeopathy

**H**omeopathic medicine is a great support in the treatment of allergic disorders.

**Christian Friedrich Samuel Hahnemann** developed the homeopathic treatment around 200 years ago. Homeopathy

treats a body on the bio-energetic level. The active substance in a homeopathic medication is highly diluted (we speak about 'highly potentising') and does not have an effect on the medical or biochemical level. It has the effect on the **qualitative level**, which means, its **energetic information** influences living organisms (human, animal and plants).

Homeopathic medicine acts according to the principle "**similia similibus curantur**", meaning "TREAT LIKE WITH LIKE". This *principle of the like* is often misinterpreted nowadays as the *principle of the similar*. What Hahnemann told us, however, is that the LIKE is treated with the LIKE (not the similar). Hahnemann's expression of treating the like with the like is based on an irreversible law of our physical universe:

**NO TWO SPACES, ENERGIES OR BODIES (MATTER) CAN OCCUPY THE SAME SPACE AT THE SAME TIME**

**IF THIS LAW IS BROKEN (= WE HAVE A PERFECT DUPLICATION), THE EXISTENCE OF THIS SPACE, ENERGY OR BODY, OR EVEN OF THE WHOLE UNIVERSE, CEASES IMMEDIATELY.**

As already mentioned, homeopathy treats a disease "like with like", and is now often misinterpreted as treating 'like with similar'. This misinterpretation originates from the fact that a homeopathic substance used to treat a problem is of course not the problem (or the disease) itself, but it is identical (alike) with the energetic emotional and qualitative manifestation. Hahnemann found that a substance taken in large amounts could bring about the symptoms of a disease in a formerly healthy human, but on the other hand he also found that this could be reversed, because when the same (like) substance was given in smallest quantities, the same

(like) disease could be cured. Until this day homeopathy has an arsenal of about **2500** natural substances.

Classical homeopathy applies the above mentioned universal law and **neutralizes** the sickness-producing frequencies on the energetic level of the organism by administration of the **same** (like; similia) energetic information with a homeopathic substance in highest dilution.

This therapy must be in the hands of a very experienced homeopath who follows precisely the required specifications.

A few explanatory examples:

for the selection of the right remedy it is important to know if the disease is worse in summer or in winter; if it is worse in dry or wet weather; if it is worse in the morning or in the evening, etc. Furthermore, constitutional characteristics are important in the choice of a homeopathic remedy. Sulphur is employed in people with "dirty" skin that gets worse when washing, in the warmth of the bed, or in a change of condition in skin and mucous such as aggravation of the mucous e.g. in asthma after improvement of the condition of the skin.

A characteristic of "petroleum", for example, is aggravation in winter, whereas "silicea" is improvement through warmth.

**HOWEVER, THIS THERAPY CANNOT ENTIRELY DISSOLVE OR HANDLE THE ACTUAL CAUSE BEHIND THE ALLERGIC PROBLEM.**

**IN MOST CASES THE ALLERGIC DISORDER REAPPEARS AT ONCE IF THE HOMEOPATHIC TREATMENT IS STOPPED. WITHOUT WANTING TO BELITTLE HOMEOPATHIC TREATMENT, IT IS ONLY A HIGHLY EFFICIENT AND ACCEPTABLE VARIETY OF "DISSOLVING THE MANIFESTATION OF A SYMPTOM" (DISSOLVING, NOT SUPPRESSING).**

AGAIN, WE HAVE TO ASK THE MOST IMPORTANT AND THE MOST INCONVENIENT QUESTION: WHAT IS THE ACTUAL CAUSE, THE REAL TRUE REASON OF THE ALLERGY?

This question, which is of course the key behind everything, will be dealt with in our chapter "Allergy from the point of view of PHI-LAMBDA TECHNOLOGY<sup>®</sup>".

### Autohaemotherapy

**A**llergic patients are often treated with autohaemotherapy. This is also called 'desensitisation' (or deallergisation) with potentised (highly diluted) own blood. In this treatment blood is taken from the patient and a homeopathic dilution of 1:1 000 000 000 000 =  $10^{-12}$  = D12, is made. One drop of this dilution is injected into the skin or administered orally. In following treatments the dilutions given are D10, D9, D8, until D6. Treatment with a row of administrations from high to lower dilutions (= potentising) is called **desensitisation** (or also deallergisation). The most suitable way for such a treatment is the one with the patient's own blood, because the specific antigen of the patient's sickness is already contained therein. Instead of blood, the patient's **urine** can be used also. Every other antigen can be used too, like **cats hair** or **pollen**. This treatment looks very promising, nevertheless, the results often are less sensational, even though this method carries in it the classical thought of homeopathy.

### Treatment with allopathy

**A**llopathy is regarded as being the treatment of first choice. Allopathic

medicine has a chemical and biochemical effect on the living organism.

The word **allopathy** comes from the Greek *allos* (different) and *pathos* (suffering). Allopathy therefore indicates that substances **with an opposite effect** are used to cure a disease, or in other words, their effect is "**contraria contrariis curantur**" (heal the opposite with the opposite) [contrary to treating the like with the like as in homeopathy]. Traditional school medicine has been applying this principle in almost all disorders.

An example: A patient who suffers from **diarrhea** gets a drug that promotes **constipation**. At the beginning the results are positive because the constipating drug will stop diarrhea immediately. These results look good in the beginning, since the symptom was removed, however, in the long run it looks different. **THE CAUSE WHICH ACTUALLY LED TO THE DISEASE (= DIARRHEA) HAS NOT BEEN CONSIDERED, BUT ONLY THE SYMPTOM HAS BEEN TREATED. IF THIS SAME SYMPTOM OCCURS AGAIN, IT WILL BE TREATED AGAIN IN THE SAME WAY, WITH THE SAME OR A SIMILAR DRUG, MAYBE WITH A HIGHER DOSE.**

A large part of medicines against diarrhea, nervousity or pain act according to this **principle of opposites**. But, they **deprive the body of the possibility to develop and use its own means of healing. Allopathy ignores the organism and in the long run isolates it, and often undesirable side effects are observed.**

**THE MAIN DIFFERENCE BETWEEN HOMEOPATHY AND ALLOPATHY IS THAT IN GENERAL THE HOMEOPATH WILL GIVE E.G. AN ALLERGIC PATIENT SOME REMEDY THAT CORRESPONDS TO THE WHOLE TYPE OF THE PA-**

**TIENT, WHEREAS THE ALLOPATH GIVES HIM CORTISONE WHICH FIGHTS THE TYPE OF THE SYMPTOM.**

The question is justified: What other solutions do we have? After all, the weakened body has allowed an allergic reaction to occur.

**THE ANSWER IS THAT IN THE MID-EIGHTIES AN ALTERNATIVE**

**BECAME AVAILABLE.**

**THIS ALTERNATIVE REACTIVATES AND STRENGTHENS THE BODY'S OWN RESISTANCE AND AT THE SAME TIME STEP BY STEP DISSOLVES THE TRUE ACTUAL CAUSES.**

**THIS IS THE WAY PHI-LAMBDA TECHNOLOGY® AND ITS PRODUCTS ACT.**

# CHAPTER 8

## A brief explanation of PHI-LAMBDA-TECHNOLOGY®

### Definitions of the terms PHI, LAMBDA and THETA

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**W**hat has been said until now points clearly to the fact that e.g. pollen cannot be the actual cause of hay fever. The actual cause must lie in the "control of the bio-energetic field" of the living organism (which, as mentioned previously, is often called 'the aura' or bio-energetic field).

The Swiss natural scientist and bio-researcher André E. Oefeli, calls this field "LAMBDA" (the 11th letter of the Greek alphabet). In order to understand function and structure of LAMBDA, it is necessary to briefly explain the philosophy behind **PHI-LAMBDA TECHNOLOGY®**.

### The philosophical aspects

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**L**et us ask the following questions:

- Where do atoms come from?
- How do or did they develop?
- Who begot them?
- What is their pregnancy?
- And after, how is the birth of an object?

This or similar questions have certainly been asked innumerable times since the beginning of mankind. If we want to progress in **natural sciences, philosophies or religion**, it is essential to find the answers and to apply them in practice.

Let us take the hydrogen atom, the most simple of all atoms, as an example.

**Even a simple hydrogen atom wants to 'be born'**

A hydrogen atom has an electron. What is the power that moves the electron around the nucleus of the atom? The answer is **ELECTROMAGNETISM**: nu-

cleus and electron attract each other. However, traditional science today does still not at all know what electromagnetism actually is, it does not know what gravity is and in truth it does not know precisely what an atom is.

So, what is electromagnetism? Is it the cause of everything? Or it is just the effect of some underlying cause?

Let's assume that electromagnetism is the ultimate, the cause of everything, then electromagnetism would be like God - which of course is absurd.

Should we then assume that a hydrogen atom has come into being just 'by chance'? Should we further assume that if we take a few thousand tree-trunks and throw them up in the air, they would assemble nicely into a log-hut? Even if we tried it a million times, it would never work - NEVER!

The log-hut only comes into being when there is a cause behind it, an architect, a spirit who plans it. And the higher developed the things are, the more complicated they get (starting from the hydrogen atom up until the human body).

**Do you believe that this is all purely coincidence, that this comes into being just 'by chance'?**

If not, there must be a cause, a will, a creator behind it, otherwise nothing would happen at all. To this we have given the name THETA, the Creator of all Things. THETA is the 8th letter of the Greek alphabet. This name was chosen to make a clear difference to all similar terms or definitions from other field of knowledge and philosophy.

In this world and in the whole universe there is NOTHING that has not been enlivened with THETA. Even seemingly lifeless objects, such as crystals, carry life in them and their atoms carry life in them too.

**Something brought them to life.**

**They are all a mode (or form, or appearance) of THETA, of life, of spirit.**

A kind of THETA gives life to your body. And if it is not present anymore, life in your body is not at such a high level.

**But, there is life - there is THETA.**

And if a creative architect builds something, his life, his THETA, his intention and strength is also built into his creation.

If we look closely at our universe we see that we always have to do with one, or a combination of, the following 3 modes of appearance, because the whole physical universe consists of only 3 different forms or modes of appearances:

## 1. Form or mode of appearance called THETA

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**T**he creator, the architect, source, cause, spirit, soul, psyche = the person as a spiritual being.

**THAT WHICH IS CONSCIOUS OF BEING CONSCIOUS.**

THETA (the 8th letter of the Greek alphabet) as a creator of things, or life forms, could be best classified into the world of applied philosophy or religion.

## 2. Form or mode of appearance called LAMBDA

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**L**AMBDA (11th letter of the Greek Alphabet) is the life form or factor created by THETA which gives an additional quality to matter, energy and space in order to bring to life plant-, animal- or human bodies.

**In other words, LAMBDA is the factor that gives "lifeless matter" its life.**

LAMBDA is of extreme importance when talking about a living organism. If the factor LAMBDA was known, re-

search of its characteristics, **functioning** and **behaviour** would most probably be the most important work in biological medicine or in genetics, to name but a few.

**It is most interesting to note that the factor LAMBDA is not yet considered in orthodox natural sciences!**

**Is this oversight or intention?**

Considering the importance of its existence, it seems incomprehensible that it could have remained undiscovered for such a long time. The author of this report is about to publish further articles in later publications.

### 3. Form or mode of appearance called PHI

**PHI** (21st letter of the Greek alphabet) describes the **physical universe created by THETA** and consisting of **matter, energy and space**, continuing through time.

The factor **PHI**, or rather the **things and substances** consisting of **PHI-particles**, is the factor which has been most investigated and defined by traditional sciences. In the past centuries a lot of great efforts have been made to know more about **structure, rules, and the behaviour** of **PHI-particles** among themselves and to living organisms.

Here an interesting question emerges: What would the influence be on physics, chemistry and related sciences if the **philosophical aspect of creation**, which means the **intention, the purpose** of matter, energy and space, existing through time, were included in these scientific projects? **This is a most thrilling and interesting perspective!**

After this short definition of **THETA, LAMBDA** and **PHI**, let us look how

these three factors are connected with each other in daily life and how they communicate with each other. Understanding a living biological organism necessitates the understanding of this connection.

### Telepathic communication between THETA and THETA

**H**uman, who are **THETA-beings with a body**, communicate verbally. We have our biological body with a mouth to speak and with ears to listen and hear.

But there is another way of communication: **telepathy**. In *parapsychology*, the term "**Telepathy**" is used to explain the communication among two or more people (= spiritual beings) **on a purely mental level** without the help of speech or other means of communication. The telepathic communication between **THETA** and **THETA** is one of the best known and recognized outer-sensory phenomenon and is often termed "**thought transference**". This form of communication among human is not very frequent in our today's world.

The following example already shows its relevance.

### Telepathic communication from THETA to LAMBDA to PHI

**W**hat is called '**placebo-effect**', occurs on this level. The '**placebo-effect**' is the phenomenon observed in a patient who is given a **pseudo-medicament** with no active substance, such as a sugar pill, and who will show a reaction to this pseudo-medicament based on his **expectation**.



From the philosophical point of view of PHI-LAMBDA TECHNOLOGY<sup>®</sup>, the placebo-effect works in the following manner:

- a) The authority of the doctor **convinces THETA** (the person as a spiritual being) that the placebo 'sugar-pill', helps him to control for example his body's blood pressure.
- b) This conviction (**concept**) is consciously or (most of the time) unconsciously transferred by telepathy from **THETA** to the **LAMBDA** organization that organizes and structures the cells and gives them life.
- c) The **LAMBDA Organization** that organizes, structures and enlivens the cells takes over (duplicates) this concept (**agreement**).
- d) Now the **LAMBDA Organization** is in agreement that the medicine (the sugar-pill) will have a positive influence on the blood pressure. It passes this agreement (**concept**) on to the many smaller "Sub-Sub-LAMBDA's" which are responsible for cell groups or individual cells.
- e) The **PHI-Particles** that build our body (atoms and molecules) are now reorganized by **LAMBDA** - and **miracle-healing** has occurred!

### Telepathic communication between LAMBDA & LAMBDA and between LAMBDA & PHI

**T**he human body is a **giant organization** of individual cells, groups of cells, and organs enlivened through **LAMBDA**. As mentioned earlier, the **LAMBDA factors (life-forms)** or-

**ganize, structure and enliven the PHI factors (matter, energy and space continuing in time) in a living biological organism.**

The **LAMBDA** factor is therefore what makes the **very important difference** between the lifeless piece of veal from the butcher's and the living calf in the barn. Both is calf, however, the latter still moves, loves to drink cow-milk and lick salt.

Contrary to the **PHI** factor (or the structured **PHI-particles**), which we can measure or even see if available in sufficient amounts, the **LAMBDA** factor is of a finer quality, non-material and on a higher level than matter. We can neither see it with our eyes nor with the best **electron microscope** available today.

Kirlian photography has allowed a certain insight into the **PHI-particles that are structured by LAMBDA**. However, what our eye registers on the picture are the structured **PHI** particles, in this case structured electron particles that send out photons which exposed the photo plate.

**LAMBDA** is therefore a **spiritual factor, the bio-energetic field.**

**LAMBDA** creates, sustains, changes, and destroys **PHI**, penetrates it, organizes it into groups and dispurses it.

**LAMBDA** survives in enlivening, mobilizing and destroying matter, energy and space consistent through time.

**LAMBDA** works **telepathically** - it does not give its orders by word of "mouth". This fact is most probably the **greatest problem of gene technicians**. As long as the **LAMBDA** factor is ignored in theoretical research, gene technicians will have to be ready for unpleasant surprises.

# CHAPTER 9

## A living cell from a philosophical point of view

**A** cell consists of basically two factors:

- 1. The accumulation, or rather an organization of PHI particles (atoms and molecules) which make the part of the cell that can be chemically analyzed.
- 2. One or several LAMBDA factors which organize atoms and molecules (PHI particles) and 'inform' them on how to cooperate and what biological purpose to fulfill.

Point 2 is of particular interest! Note that it is the 'bio-energetic' aspect, LAMBDA, which controls form and purpose of a cell and not, as it is still often assumed chromosomes or the DNA (desoxyribonucleic acid). Electronmicroscopic examination of a chromosome or a DNA double-helix will show that the visible part of the DNA is nothing else than structured atoms and molecules (PHI particles). The DNA is the "carrier" composed of molecules and on its segments or parts there are certain parts of

LAMBDA, just like the invisible tiny holes on the silvery layer of a music-CD, or the magnetized synthetic disc of a computer diskette.

The DNA double helix is therefore a manifestation of the characteristics of the actual control of the cell program, LAMBDA.

As already mentioned, atoms and molecules are structured and enliven by LAMBDA. This means that the actual genetic information (LAMBDA) is not identical with the visible PHI particles, but it is something that is in and around the DNA atoms and molecules 8 LAMBDA!

This hypothesis may sound far-fetched, but on the other hand it may give an answer to some gene technicians, why gene-manipulations on living cells sometimes are successful and sometimes (or often) are not.

The main reasons lie in the speed and subtlety in which a DNA segment can be cut out from a cell and again "implanted"

into another cell. If this happens very rapidly and gently, it is possible that **during the transfer of the DNA molecules (PHI-particles), the corresponding LAMBDA factor is taken along.** However, after if a certain time elapses, or if [chemical or physical] force is used, LAMBDA "dissipates" and the experiment is a failure.

The author of this article is fully aware of the fact that this hypothesis is partly contrary to the present knowledge of science. **However, PHI-LAMBDA TECHNOLOGY<sup>®</sup> and the PHI-LAMBDA Products derived therefrom function to one hundred percent, which is evidence that this theory must be correct.**

# CHAPTER 10

## A living organism from a philosophical point of view

**A** human, animal or plant body is therefore an accumulation of PHI-particles (atoms and molecules), organized, structured, and enliven by an un-imaginably vast and complex organization of LAMBDA units.

Let's have a look at a few details of our human body:

An adult person has about 6 liters of **blood**, which corresponds to approx. 24 trillion blood cells. These blood cells circulate through our body 3- to 5000 times per day, and for this the **heart** beats about 100,000 times in 24 hours! Every second 7 million new blood cells are produced. Let's emphasize that we only speak about our blood, and not what nourishes the blood etc.

All the **movements** that occur in the blood, create **warmth**, therefore the body has a further function: to assure a more or less **constant temperature**.

The largest organ of the body is our **skin**. It consists of approx. 4 million pores - tiny openings on our skin. They regulate the

cooling system by closing when it is too cold, and by opening again when the body heats up too much. Small perspiratory glands assist the pores in cooling the body through evaporation.

Then we have the **digestive system** and the **metabolism**. These systems **assimilate** and **transform** food. They can transform food into elements which are necessary for blood, bone structure and cells. In this process perfect balance is kept, or at least aimed at. If this balance is disturbed, the person gets sick or even dies. Death occurring from very high fever is due to overheating of the body.

This example shows us that our body is an excellent machine - even better than a Japanese car!

Also, an adult body consists of approx. **75 trillion cells**, which is a figure with 12 zeros, or  $75 \times 10^{12}$  cells.

This gives an idea on the size and complexity of the organism. The body itself does not appear to be so vast, and many things are of microscopic size. So is

LAMBDA. Assuming that every cell is organized, coordinated and enliven by at least one LAMBDA unit, we must consequently have about 75 trillion LAMBDA units.

If necessary, LAMBDA can create, or recruit from the environment, SUB-LAMBDA's and SUB-SUB-LAMBDA's in order to be able to coordinate everything with the complete organization of the body ("Chief-Lambda").

### A REALLY GIGANTIC UNDERTAKING !

To make this clearer, let us compare it to an everyday example:

An employee in a small company, or an independent business man, has 1 to 10 collaborators. Employees of a large car manufacturer may have about 20,000 colleagues. But there are only a few really capable managers who lead an enterprise of this size. We all know from the newspaper the trouble the management often faces; people have to be fired, branches must be closed down, etc. The following scheme shows how a LAMBDA-Organization is built up on 3 organizational levels.

## 1.) The Chief-LAMBDA

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This is a life form that is already specialized in a certain "kind" of body. With the "kind we mean e.g. 'white', 'black' or 'yellow' human bodies and of each of these a female and a male variety. In other words, there are at least six basically different human kinds of bodies that A.E. Oefeli has come across in his years of research.

To compare it with our example of the car industry, it would mean that a female or a male body would be an entirely "different model", and not just a different, or adjusted, interior design or other spare

parts within a same model. Funny though it may seem to the reader, this is the fact.

It must follow from this that specialized LAMBDA-units are responsible for animals and plants (horse-LAMBDA, dogs-LAMBDA, cats-LAMBDA, apple-tree LAMBDA, sunflower-LAMBDA, and so on). And within the individual species there are various genus (angora cats, Siamese cats, leopards, cougars, lions etc).

The same also applies for plants.

This fact is directly related to the original and still valid purpose for which this specialized life-form was once created (see p. 30 ff.).

Where can this particular category of LAMBDA be found in the human body? "Chief-LAMBDA" is in and around the head, until approx. the height of the thymus gland or Solar Plexus.

The precise place where LAMBDA stays is a little different from one body to another, depending on the condition and health of the body's organization.

## 2.) The Sub-LAMBDA's

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As the following Scheme shows, there are several sub-LAMBDA's. This category is responsible for the organization of total, unit forming cell groups, organs or systems in the human body.

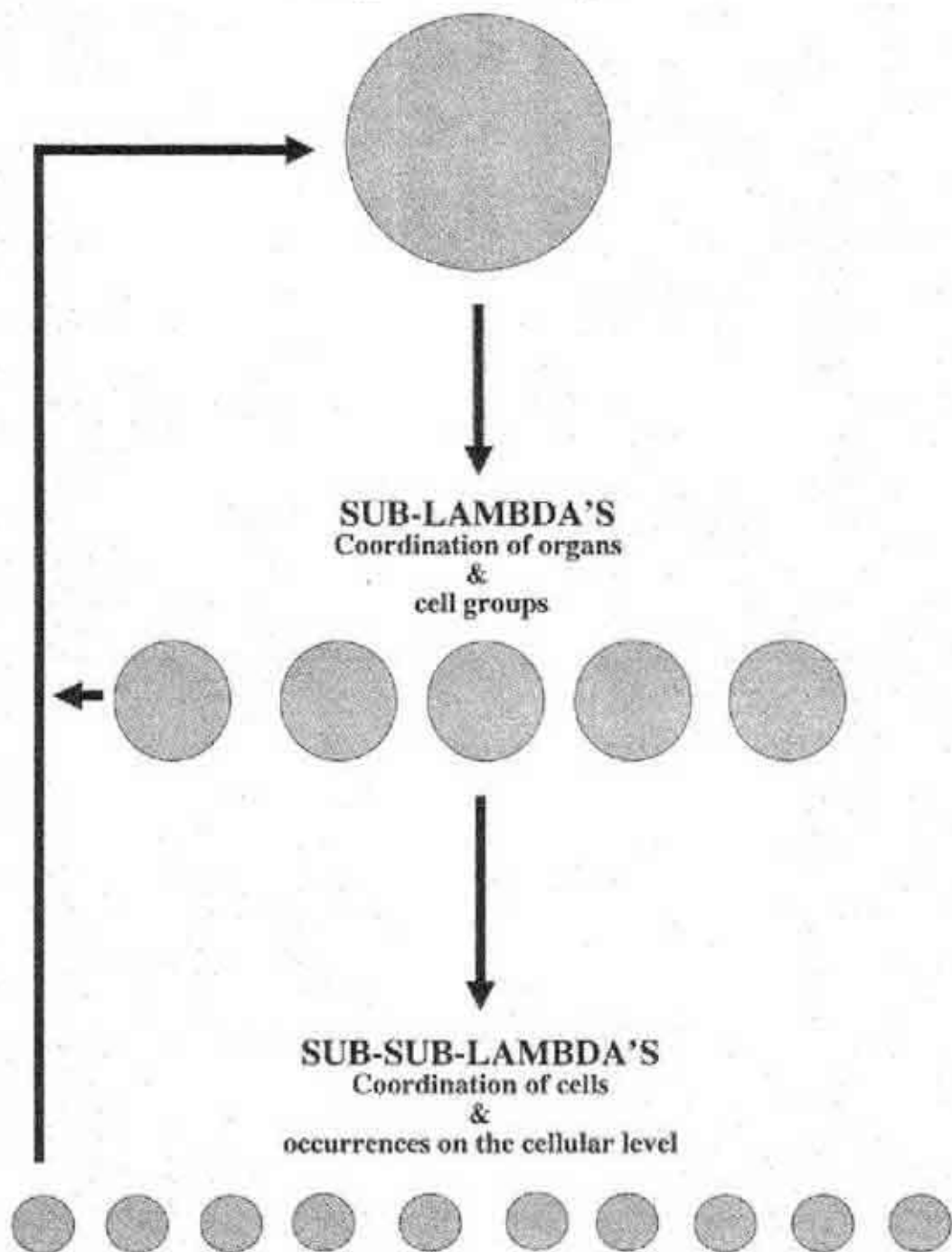
For the organs this would for example mean kidney, liver, stomach, eyes, skin, etc.

For the system this would mean nervous-, circulatory-, metabolic-, digestive or respiratory systems.

With regard to species, kind or race of a body, specialization on the sub-LAMBDA level is not so expressed anymore. Within mammals, as an example, to which the human body belongs too,

## Organization of LAMBDA

**"CHIEF-LAMBDA"**  
Coordination of the whole body  
(all organs and control systems)



the LAMBDA units that are specialized in organs are almost all interchangeable. Also, we do not have a male or female kidney.

On the other hand, there are particular male or female reproductive organs, which of course might sound a little bit strange since every child knows this already. However, what is meant here is not the LAMBDA program that anatomy calls 'vagina' or 'penis'. What is referred to is the actual life-form of LAMBDA itself; that which is responsible for building these particular organs in the foetus. We can therefore talk about a 'male' and a 'female' LAMBDA unit that is finally responsible for the formation of vagina and ovaries, or penis and testicles.

Investigation of the whereabouts of these categories of LAMBDA-units reveals that in general they are found in and around the corresponding organs. However, this can vary from case to case and it is possible that the **sub-LAMBDA of the kidney** is found **within** the kidney, or **around** the kidney like the skin of an orange, or again for whatever reason, some 10 - 20 cm away from the kidney.

### 3.) The Sub-Sub-LAMBDA's

**T**he Scheme on p. 37 shows several **sub-sub-LAMBDA's**, the category that is responsible for the organization of

the **individual cells** of which an organ and eventually the whole body is built up.

On this level of **sub-sub-LAMBDA** hardly **any specialization** is left over as to the species, kind or race of a body or organism. There is no female or male cell, therefore this level is **sexless**.

On the level of the bio-energetic field, all kinds of cells **approximately** function in the same manner, and it can therefore happen that **on the cellular level** in our body there is LAMBDA which formerly belonged to a cow, a horse, a mouse, a bird or a snake; although the author knows that this might appear to be somewhat adventurous!

This ends our definitions and examples of the three factors of which this universe is composed, or made of. The author knows that his is a very demanding attitude if he should expect the reader to understand the complex philosophical background of this technology after these few lines, especially since it **has taken him about 20 years** until he fully understood it! Further publications on this subject will follow, and **gratitude is expressed at this place to the reader for his attention.**

This will end the theoretical part of this publication. On the following pages you will read about the problem of Allergies and their solutions from the point of view of **PHI-LAMBDA-TECHNOLOGY®**.

# CHAPTER 11

## 'Allergy' from the point of view of PHI-LAMBDA TECHNOLOGY®

### What is an allergic reaction ?

**W**hat does the term "allergy" or "allergic reaction" mean from the point of view of PHI-LAMBDA-TECHNOLOGY®?

From a scientific point of view, an allergic reaction is a **highly exaggerated defense reaction** of the body's own defense system (an important part of the immune system), for example, to a relatively harmless chemical substance, or to a relatively harmless organic "invader" (pollen, mites, hair etc.)

Such an exaggerated defense reaction is in **no relation** to the actual damage that such a substance or "invader" could cause in a normally functioning body.

#### Example:

The body (the LAMBDA-organization) of a person who is allergic to pollen (hay fever) will react with the known symptoms like tearing eyes, runny nose, or even asthma and attacks of suffocation, if it gets into contact with pollen (which are

the male seeds of a plant). However, the tiny pollen will not even cause a "non-allergic" person to sneeze, just because of its extremely small size. Therefore, a normally reacting person does not even realize that there are millions of pollen in the air, that they are breathed in, or that pollen that get into contact with the retina are regularly washed into the nose by the eye liquid. Considering the **harmless** aspect of pollen, this is a normal reaction.

The same applies also for a series of chemical substances, for electro-smog, animal hair, mites, dust etc.

### What leads to an allergic reaction ?

**C**onsidering what has been said, it cannot be the substance (invader) itself that represents a danger, but rather the **exaggerated and unjustified behaviour** of the body's defense system.

The question may now arise: How come that one body does not react at all,



whereas another one will react to such an extent as to really have a serious influence on life quality?

**THIS HAS A GREAT DEAL, AND VERY DIRECTLY, TO DO WITH THE LAMBDA-ORGANIZATION OF A BODY - MORE PRECISELY, WITH THE CONDITION OR THE MENTAL HEALTH OF LAMBDA.**

Chapter 8 on page 30, "Form or mode of appearance called LAMBDA", states that "LAMBDA is the life-form or factor created by THETA which gives a certain quality to matter, energy and space in order to bring to life plant-, animal- or human bodies".

Considering that innumerable LAMBDA units were once created (and are still being created) by THETA, this would mean that from the moment of creation on they would also have an individual existence. Or, in other words: from the moment of creation or birth of a PHI- or LAMBDA unit, these have their own independent lives, independent from their creator, and which is only limited by the inherent purpose and ability of this creation.

The following example may explain this hypothesis a bit better:

The Italian inventor, scientist, architect and painter, Leonardo da Vinci, painted the world famous picture of Mona Lisa around 1504, which we can now admire in the Louvre Museum in Paris. He painted (created) the picture, and then he separated from it.

During the past ~490 years this picture changed its owner several times, was put on many walls, had to bear too dry or too humid air, maybe was even taken out of its frame and rolled up to be smuggled out of some dangerous environment. It has got many cracks, and its colors have darkened considerably.

We would say: *This picture has really*

*seen a lot of things in the past many years.* If it could talk, it would most certainly tell us remarkable stories, stories which not even its 'creator', Leonardo da Vinci, ever heard of.

In other words: this picture has its own past, or time-track, independent of its creator, a time-track on the level of PHI (without LAMBDA).

The word "Time-Track", as employed by PHI-LAMBDA-TECHNOLOGY<sup>®</sup>, is a term used for the successive recording of mental images that accumulate during the complete life (being) of a mental entity (THETA, LAMBDA or PHI).

The 'time-track' is a very precise record of the mental entity's past, with precise time units. If a 3-dimensional documentary picture had 52 perceptions and could have a retrospective effect on the spectator, the time-track would be a motion picture with a taking of 1/25 sec.

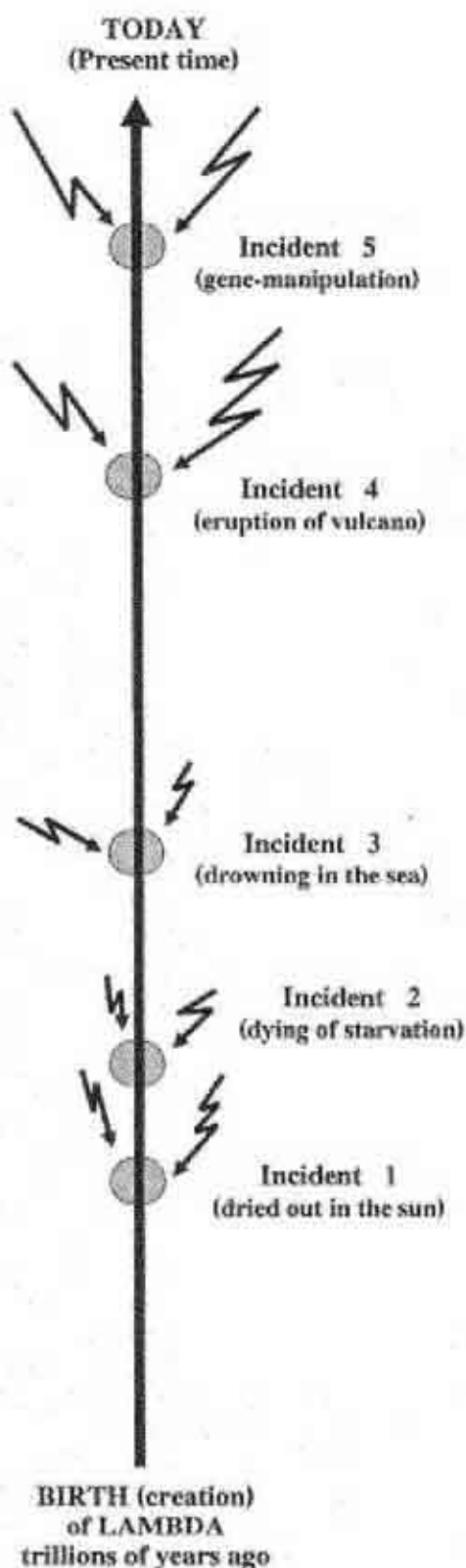
LAMBDA, life-form, or the life giving element, has therefore its own past, its time-track with records of positive (life-saving), and unfortunately also with negative (life-threatening) events.

From the day of its 'birth', the LAMBDA unit is trying to find the best possible way of SURVIVAL AS A LIVING ORGANISM, i.e. it tries to find and sustain as much as possible the best environment for the type of body it gives life to. For this purpose, LAMBDA has the ability to change the form of a body to a certain extent over several generations, or to adapt functions of organs to the actually present environmental conditions.

This is what biologist and geneticists call EVOLUTION.

The ability to 'evolve' naturally, however, is limited to a very small area; IT NEVER HAPPENS THAT A SINGLE-CELLED ORGANISM WILL BECOME A FISH, AFTER THAT A BIRD, THEN A MONKEY

### Time-track of LAMBDA



AND EVENTUALLY A HUMAN BEING, although some "natural scientists" want us to take this view.

What LAMBDA is doing, is: to better adapt an organism to the actually present environmental conditions.

An example that can prove this is the number of 'openings' in leaves of deciduous trees, which has drastically reduced in the past 40 years, because of the increase of carbon dioxide in the atmosphere as a consequence of the excessive burning of fossilized fuel (oil, coal, etc.). A tree absorbs carbon dioxide through these leaf-openings, photosynthetically transforms it, and sets pure oxygen free to the environment through these same openings. This is why our forests are also called "our green lungs".

Due to the fact that carbon dioxide has increased so much in the past years a much smaller amount of openings is required to filter the same amount. LAMBDA therefore gives the 'order' to only produce a reduced amount of openings per square centimeter of leaf.

Another example is the incredible ability of insects to adapt to DDT. Dichlorodiphenyltrichloroethane, DDT, was used worldwide in the fifties and sixties as an insecticide. Millions of insects died from acute DDT-poisoning, and as a consequence they started over generations to develop resistance to this substance. After less than 10 years, the same insects could already absorb 140 times the original amount of DDT, which at the beginning was lethal to them. Nowadays they are almost resistant to the substance. They are masters of adaptation!

This example shows an evolution in the form of adaptation to the situation existing in the present time. This evolution occurred due to analysis of facts that occur now and conclusions drawn therefrom with the clear aim of surviving as an

organism.

If the functioning and decision-making of LAMBDA happened only on this basis, there would be hardly any disease and all living beings would be in perfect condition, since they would be absolutely adapted to their environment.

**UNFORTUNATELY, THIS IS NOT THE CASE.**

On the time-track of LAMBDA all positive and constructive events are recorded. They are available as an experience when a given problem must be solved. However, the disadvantage in the time-track record lies in the fact that also negative and destructive events are being recorded, which can negatively influence LAMBDA when a problem arises.

**This is related to the kind or quality of records with a negative or destructive content for life.**

Such a way of recording is called "Engram". THE DEFINITION OF AN 'ENGRAM' IS: A MENTAL IMAGE PICTURE WHICH IS A RECORDING OF A TIME OF PHYSICAL PAIN AND UNCONSCIOUSNESS. IT MUST INCLUDE AN IMPACT OR AN INJURY AS PART OF ITS CONTENT.

Therefore, a time-track of LAMBDA does not only contain records of pleasant, life-supporting events, but it also contains disagreeable, life-threatening events - so-called *engrams*.

Let us look at a few examples:

Going back in the earth's history for a few million years we would see that some creatures living at the coast (shell-like animals) had their problems with birds who had developed already much earlier. Birds of a very rough kind developed a preference for shells which had no special defense mechanisms against them. If the shell opened, the bird could push its beak

or a foot into it and when the shell closed, the bird could fly away, the shell would drop off onto a rock and thus become birds' food. If the shell did not close, it would be eaten anyway.

SINCE A LARGE NUMBER OF FISH AND OTHER ANIMALS WAS EQUIPPED WITH QUITE A NUMBER OF TEETH, IT COULD NOT BE AVOIDED THAT "SOMETHING" (PHI & LAMBDA AS A LIVING BODY) WAS EATEN UP SOMEWHERE ON THE TIME-TRACK. THIS IS PRECISELY THE WAY IT IS: THERE EXIST LARGE AMOUNTS OF "BEING EATEN" ENGRAMS.

**A lot of people who follow strange diets, or people who refuse to eat meat, are stuck with the indecision on the subject "digesting and being digested".**

A series of obscure psychosomatic diseases and skin disorders (allergies, eczema, neurodermitis, psoriasis, etc) can be traced back until such an event.

Let us have a closer look at the shell; a white shell with jagged edges. In this immovable stage it was fixed to a rock, and it faced a lot of difficulties. First of all there was the difficulty of the two shells that could contrast each other in that one shell wanted to stay open whereas the other wanted to close. There were two almost equal centers of command of LAMBDA that, however, had no inner connection. As soon as the two shell halves are formed, the first endeavours of complete reverse opinions and friction occur. The solution to this situation is often the completely apathetic behaviour of the one half and taking 'the lead' of the other. The "centers" (center of command of LAMBDA) were later to be the halves of the human jaw (please revert to our chapter on interchangeability of LAMBDA sub-groups).

If you wish to test this, describe the death

of a shell to a doubting person without expressing in words what you describe. What you want to say is: "Can you imagine a shell that is at the beach and opens and closes its shells very rapidly?" (You make a rapid opening and closing movement of your forefinger and thumb). **You should do this with a person who stubbornly defends Darwin's theory of evolution!**

Your "victim" may hold his or her jaw and feel quite uncomfortable, and it may even happen that a tooth will have to be extracted. At any rate, he will begin to ponder about if the shell will eventually remain open or not, and even though you have not mentioned the shell dying, he will talk about it as a 'poor creature', and will feel quite sad.

Considering the primitive level of such a shell, it lived through quite a remarkable

number of adventures: Certain things could be washed into it and it could not be able to get them out anymore. Its two shell halves could get stuck when open, and it would not be able to close them anymore. It could be washed away from the rock that it lived on, and carried out into the open sea. And it could be thrown onto the shore by the tides and be a victim of the burning sun, which obviously was a very uncomfortable situation that can at times be "restimulated" (brought back to memory) in human beings in a sun burn: the negative, spiritually charged aspect of the recording of the incident takes over control over LAMBDA.

**Does this not sound "strangely familiar" to you?**

**Or rather, does this not sound "strangely familiar" to your body and your LAMBDA organization?**

# CHAPTER 12

## Engrams and their effect on LAMBDA

**I**ncredible amounts of negative incidents of this and similar kinds have thus been recorded by LAMBDA during the total of its existence of trillions of years.

The negative content of the incident (**Engram**) was recorded as a chronological time-track of the past with definite times. This film is three-dimensional with **52 perceptions** and a shooting of about **25 pictures per sec.** Indeed, giant archives that would make producers like MGM or Columbia very proud!

Nevertheless, there is a catch to it, in that **LAMBDA does not by will** control the negative contents of the films (engrams) because they were made during a time of **unconsciousness**.

In other words, LAMBDA is entirely **effect** of the negative content of such engrams.

Luckily enough, there exist some protective mechanisms which prevents the 'spiritual charge' in such records from continuously having an effect on LAMBDA. This means that when LAMBDA is in a quite good condition

(which means that the body it enlivens has enough to eat and drink, is neither too hot nor too cold etc.), this negative charge does not continuously have an effect on LAMBDA.

However, the point is that if an incident in the present (today) is slightly similar to the content of the engram of **one million years ago**, LAMBDA **NOW** begins to behave the way it did or should have one million years ago!

### Mode of action of engrams

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**L**et us take a look at an example from research:

Pollination of a flower normally works as follows: Pollen are the pollination seeds of the male stamen carrying the half of the chromosomes leading to the formation of a new generation. They are carried through the air by the wind or insects and sooner or later get to the humid outer skin of the female stigma. There they find their way through the style to the ovary and the "egg cells" contained therein, which are

the second half of the complete set of chromosomes, where the actual pollination takes place.

In animal or man bodies the same thing occurs in the following manner: the male sperm cell (stamen), which holds one half of the chromosomes required for the formation of a new generation, goes up through the vagina (style) through the uterus and cervix (style) into the Fallopian tube (ovary) in order to fecundate the female egg cell, which contains the second half of the chromosomes required for the formation of a new generation.

This is very roughly the fecundation process in animals and man.

All three categories of "bodies" have a most impressive protective mechanism which prevents, e.g. that the same plant pollinates itself or that a rose can be pollinated by a tulip. In an animal this protective mechanism would for example prevent a gazelle from successfully crossing with a zebra, or a human being with a chimpanzee. This protective mechanism is indeed highly complicated, ingenious and efficient!

On the time-track of LAMBDA which enlivens a body, there are obviously thousands or even millions of incidents where fecundation of one species of another kind of species was tried by force, usually with physical violence and unconsciousness as a consequence thereof - a kind of rape on the LAMBDA level.

If a fecundation by a foreign species did take place, say in a plant, this would mean that the plant would not be able to form a new generation - it would die out.

Since, however, the highest purpose of LAMBDA is "SURVIVAL AS AN ORGANISM" it will not just accept dying out as a species, and it has therefore developed the above protective mechanism for such cases.

The presence of such a highly effective

protective mechanism as part of the immune system would therefore be of great value if the LAMBDA organization **only** used it according to the situation **in the present**.

This is not the case, and a person with an allergy to pollen will very often feel it!

## Mechanism of the engram and hay fever

---

**W**hat happens in an allergy to pollen from the point of view of Phi-Lambda theory is the following:

In order to be clear about the terms employed, let us emphasize that "fecundation" or "pollination" always means bringing male genetic information into a female cell. The blending of the two chromosome parts can lead to a new organism which contains the genetic characteristics of both "parent parts."

Pollen (male sperms) are carried by the wind to the person's humid mucous membranes (stigma) such as eyes, nose, bronchii. When they arrive there, they try to fulfill the only purpose of their existence: pollination.

Naturally, human mucous membranes of the nose cannot be pollinated by them, on the one hand because from a genetic point of view this would obviously not make sense, but on the other hand of course due to the above mentioned protective mechanism.

If the said protective mechanism reacted normally in the presence of pollen, the pollen would not be able to harm the body and all bodies would solve this problem without any unpleasant side effects.

**Every person suffering from an allergy to pollen will confirm that this is not always the case!**

When a person is allergic to pollen, this

is what happens:

The pollen reach the mucous membranes of the person and try to fulfill their one and only purpose: pollinating a cell, i.e. they try to bring in their half of the genetic material (DNA or RNA) into a human mucous cell.

Basically, this is completely harmless and the body could deal with it with an absolute minimum of force of biochemical effort. Nevertheless, in a person suffering from hay fever, it looks entirely different!

Here the LAMBDA organization reacts to this "supposed attack" (rape) with full power and makes the body use all "biochemical weapons" available (like histamines and the like) to fight this "battle".

It is ONLY the content of the engram of earlier similars that dictate the LAMBDA organization, and consequently to the whole body, such an unlogical and "reactive" behaviour that eventually harms it.

We could therefore say that the negative content of the engram of earlier incidents makes the body to 'take a sledgehammer to crack a nut'. It is not the nut that causes all the harm, but it is the absolutely exaggerated behaviour of using "a sledgehammer" to crack it!

### Restimulation of an engram

The question arises how this is possible, or what is the difference between a person who is allergic to pollen and one who is not?

These are excellent questions, and it is the point where many scientists have failed.

The truth is that two factors are necessary to make a person allergic to pollen, i.e.:

- 1.) One or several **engrams** with records of such incidents with unconsciousness must be on the time-track (*past*) of LAMBDA;
- 2.) One or several **RESTIMULATORS** that are **similar** to the kind of records of an **earlier engram** must be here in the **present** ;
- 3.) Only if both conditions are fulfilled is a **reason** given for the **totally unreasonable, unlogical and reactive behaviour** described above.

In our case, **RESTIMULATORS** are those events or occurrences in the environment of a body (LAMBDA organization plus PHI-particles) which have a similarity to the content of an engram.

In our case, **RESTIMULATION** means the environment triggers again the (negative) contents of spiritual pictures with recorded unconsciousness (engram) that then reacts on the body. Or else: the perception of the present environment has a close similarity to the content of the engram.

Let us return to the question raised at the beginning: what is the difference between a person who is allergic to pollen and one who is not?

It is safe to assume that most LAMBDA organizations which "manage" a human body have recorded some or many "rape-engrams" or "pollen-engrams" on their whole time-track. Considering this, everybody could start at any time to react to pollen or other "allergens" (restimulators), and looking at the enormous increase in allergies in the past 20 years, it shows us that this is indeed the case.

The reason for this lies in the increase of **RESTIMULATORS** that are more and more present in our **polluted environment**, in the air (pollution), in **drinking water** (impurities) or in **food**, to name but a few.

Another factor to be considered is **electro-smog**, which is steadily increasing, and which can cause crucial changes in the electrical (nerve impulses) and thus also in the biochemical occurrences in a body. (Please revert to published literature on the subject of 'electro-smog' or 'microwaves' if you wish to look into this more deeply).

**In order for a "pollen-engram" to be keyed in (restimulated), one or several RESTIMULATORS are required.**

Due to the fact that pollen-engrams are like a film of the past time, they have a very individual character, which means that their content changes from incident to incident. This again means that **one or several specific RESTIMULATORS in the present** are required to "reawaken to life" the content of the engram.

The following impulses could serve as a restimulator:

- 1.) **Chemicals**, such as preservatives, antioxidants, almost all the aggressive chemicals used in agriculture, like pesticides, insecticides, fungicides, pollution in the air as well as too high or too low pH-values, dust, gases, etc.
- 2.) **Substances of natural origin** like pollen of grass, bushes or trees, mites, dust and substances in our food, fragrance-essence and so on.
- 3.) **Physical values** in the environment like high or low air-pressure, sunshine, rain, humid air, etc.
- 4.) **Emotional impressions** on the level of LAMBDA or THETA such as nervousity, excitement, high and low spirits, etc.

If one or many of the above mentioned **RESTIMULATORS** get into contact with a person's body, and therefore with the LAMBDA organization and PHI-particles, the following **reaction pattern** oc-

curs:

Pollen of grass - which in this case are the **RESTIMULATOR** - are carried through the air onto the mucous membrane of a human body and "**key in**" a **POLLEN-ENGRAM** of the past. The content of the record of the keyed in engram makes the body "crack up": it starts to "use a sledgehammer to crack a nut".

In some cases one single restimulator will suffice, in another body it needs more restimulating factors, such as a given pressure in the air, a certain temperature, "spring moods" or the like, are required to "**key in**" of the engram. This explains why we are not all allergic to pollen.

In one LAMBDA organization (body) 10 different **RESTIMULATORS** must be available **at the same time** to have the engram key in, in another one only one is sufficient. In a person who is **NOT ALLERGIC TO POLLEN** it would therefore be like this:

- a.) There is a pollen-engram on the time-track of LAMBDA.
- b.) In order for this engram to key in, the following restimulators are required: pollen from birch tree, temperature of the air of 7 to 7.5° C, a little snow on the ground, pressure of 1025 millibar and a soft breeze from the south-west (this is an engram which occurred in Arctic conditions).

**The engram can only KEY IN when ALL these factors (parameters) in the environment are present.**

As we can see in this example, several **restimulating parameters** must be available to trigger an allergy to pollen. Furthermore, the chances for an engram to key in are very low. It would not work if only the temperature was **lower** than 7.5 degrees, which in our hemisphere is almost impossible at the time the birch-tree pollen fly.



We have therefore here an example of a person who actually fulfills all conditions to be allergic to pollen, however, who is not due to a missing restimulator.

If, on the other hand, this same person, who up to this moment never suffered from hay fever, travelled to Greenland at the time the pollen of the birch-tree fly, then the chances would be very good for him or her to suffer for the first time in life from a 'runny nose', teary and swollen eyes - all the symptoms that a person with a pollen allergy knows so well.

Very roughly we have seen the mechanism of the engram that lies behind the phenomenon of an "allergy" and behind most other "diseases".

**THIS MECHANISM OF THE ENGRAM IS THE REASON, THE ACTUAL CAUSE, FOR ABOUT 98 % OF ALL DISEASES OF HUMAN, ANIMALS AND PLANTS.**

And yes, it is correct what you have just read. Even if we talk about viruses, bacterias or fungi - not every body gets infected, not everybody gets sick. In these cases too, RESTIMULATORS are necessary to trigger the disease.

More literature on this subject is in preparation and will be published in the future.

### "Keying out" of engrams

Naturally, an activated engram that was keyed in, can also be keyed out (deactivated) again, or otherwise our "frailty" would not allow us to stand straight anymore from early childhood on.

An activated engram that has been keyed in has the tendency to key out again luckily, which means it rests in a state of "slumber" as soon as the restimulator is being taken away from the

environment, or also if in a metaphysical-energetic way the corresponding LAMBDA organization that enlivens and organizes the body, is influenced.

There are a few varieties of how such an "energetic keying-out" can be done. In the following two examples we shall briefly look at the two most important and efficient ways in common therapy. The mechanism of action of this metaphysical-energetic influence in homeopathy, as the first example, can be mathematically expressed as follows:

- a.) Let us assume that due to the pollen of the birch tree the RESTIMULATOR communicates to the body (LAMBDA organization plus PHI-particles) "7 units Plus XYZ information". In other words, the "7 units Plus XYZ information" means to the body: allergic reaction to pollen of the birch tree. Therefore histamin and other biochemical substances in large amounts have to be released, which leads to urtication and teary eyes.
- b.) An experienced homeopath (a professional of metaphysical energies) will give such a person a homeopathic remedy which also preferably consists of "7 units Plus-XYZ information". To find this precise counterpart is the art of an experienced homeopath and his treatment succeeds or fails with the right or wrong choice of such a remedy.
- c.) From the mathematical viewpoint, it means:

7 units Plus-XYZ information

Plus

7 units Plus-XYZ information

Equal:

14 units Plus-XYZ information

**IT IS PRECISELY THIS "MATHEMATICALLY EXACT RESULT"**

## THAT IS ABSOLUTELY WRONG IN THE CASE OF HOMEOPATHY!

As explained in detail on pages 25 to 27, homeopathy is not a purely mathematical phenomenon, but a fundamentally higher basis of this universe - we might say an **axiom**.

No two spaces, energies or things can occupy the same space. If this condition is broken (= perfect duplicate), then the manifestation of this universe or any part belonging to it, would **cease to exist**.

This is what homeopathy according to Hahnemann is working with.

(The above example with living systems shows the limitation of the presently available mathematical theories - obviously intensive research of mathematicians and bio-researchers of a new generation will be required).

The second variety of influence of a bio-energetic kind, the so-called 'cybernetic-regulation-therapy', is mathematically expressed the following:

- a.) Let us again assume that due to the pollen of the birch tree the RESTIMULATOR communicates to the body (LAMBDA organization plus PHI-particles) "*7 units Plus XYZ information*". In other words, the "*7 units Plus XYZ information*" means to the body: allergic reaction to pollen of the birch tree. Therefore histamin and other biochemical substances in large amounts have to be released, which leads to urtication and teary eyes.
- b.) The experienced bio-cybernetician (a technician of metaphysical energies) will give such a person a preparation with an energetic-frequency (or a technically created frequency-pattern), which preferably consists of "*7 units Minus-XYZ information*". To find this precise counterpart is the art of an exper-

rienced bio-cybernetic therapist and his treatment succeeds or fails with the right or wrong choice of such a preparation.

- c.) From the mathematical viewpoint it means:

**7 units Plus-XYZ information**  
**Plus**  
**7 units Minus-XYZ information**  
**Equal**  
**0 or Neutral**

For the body this would mean that the effect of the restimulator was neutralized with metaphysical energy. **Both examples correspond to a therapy on the level of the PHI-particles.**

As soon as there is an interruption in the "counter-information" of the metaphysical energy, all the symptoms will reappear within a short time.

In addition, it cannot be postulated that such a therapy leads to healing, since the probability of hay fever appearing again in the following spring is very high, and thus therapy would have to be taken up again.

## The problem of the engram-mechanism

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Considering what happens from the moment an engram keys in, we could summarize as follows:

THE LAMBDA ORGANIZATION PLUS PHI PARTICLES (= THE BODY) TRIES TO SOLVE A PAST TIME PROBLEM IN THE PRESENT, NOW, AND THIS INEVITABLY LEADS TO THE SITUATION WHERE IT CREATES THE "PAST-TIME PROBLEM" AGAIN IN THE PRESENT.

In other words, under the influence of the content of the engram, the body tries desperately to solve a problem that is not relevant anymore at all. Under these circumstances, the body must bring back this problem into the present time and try to solve it as it should have done it many years ago when it was still a one-cell body (Chief or Sub-LAMBDA).

**THIS IS THE GROTESQUE MECHANISM THAT IS RESPONSIBLE FOR ABOUT 98 % OF ALL DISEASES!**

The only way to escape the engram-mechanism is to free engram by engram of its spiritual charge with a kind of "regression-therapy" on the level of the

body. The result of such a therapy would be a physically healthy person with an perfect immune system that could handle almost any kind of "disease", or rather "potential restimulator".

**A WARNING MUST BE EXPRESSED AT THIS PLACE FROM UNPROFESSIONAL "PICKING" AT THE TIME-TRACK OF LAMBDA OR THETA, BECAUSE AMATEURISH "TECHNIQUES OF INTERVIEWING" OF A PERSON CAN CAUSE INCREDIBLE CONFUSION!**

More literature is in preparation on this subject too.

# CHAPTER 13

## PHI-LAMBDA TECHNOLOGY®

**PHI-LAMBDA TECHNOLOGY®** was first time presented to the public by the Swiss natural scientist and bio-researcher André E. Oefeli in March 1988 after about 15 years of research. Since that time A. Oefeli pushes research projects in this field to be able to use its enormous opportunities and areas of application in products and applications for the public.

More on the background of this technology was published in a 100-pages book entitled "The most important discovery of the 20th century in the field of bio-energy" and in a 40-pages scientific publication with the title "Interdisciplinary observation of biological systems". Both publications will be translated in the coming months into English and also Japanese.

### A brief summary:

**T**his technology is an exclusive production method with the help of which bio-energetic and quantum-energetic information is put onto a liquid or

firm carrier substance with scalar waves with the aid of a computer.

Roughly spoken we could explain it as follows: the bio-information which was obtained in the research work (concerning LAMBDA & PHI) are modulated on an ELF scalar wave. This information signal is enforced and in a Faraday cage on specially developed flat-coils onto the carrier medium (water and alcohol or synthetic materials or metals).

This "repair and optimization program" has its effect directly on the electromagnetic information of the bio-energy field of a body (LAMBDA plus PHI) and, among others, dissolves energy blockages there.

If this may sound strange to you, let us compare with an everyday example: recording sound on a tape. The tape is "physically-material", the sounds or music could be called "metaphysical" since they cannot be seen.

After the recording the tape carries the music in form of electromagnetic information, although the tape itself does not change its outer appearance at all. A

newly bought tape will not look any different from a tape on which the voice of a baby is recorded, who for the first time pronounces the word "papa."

What is most important, therefore, is the metaphysical information. Of course we need a carrier to put it on, but this carrier in itself is of little importance, apart of its carrier-quality.

The same applies to the various PHI-LAMBDA products:

The information on the product is important. This information can be passed on to a living organism by oral or external application. It is of no importance if the carrier substance is simply distilled water with a drop of alcohol or a mixture of "snowflakes caught by the wings of the humming bird", and of "tears of happiness of the butterfly".

PHI-LAMBDA technology has made it possible for the first time to put clearly defined, desirable information onto any kind of carrier substance and thus pass them on to biological systems. Any active substances with an effect of their own are unnecessary, and furthermore the information is neither worn-out nor changed by outside influences.

Products of the PHI-LAMBDA Technology® are therefore absolutely unique, as well as in their effect as in their shelf-life. They keep their original information for decades and are absolutely insensitive to:

- time (storage over years)
- cold and heat (if the packing allows it,

even boiling and freezing)

- shocks (transport even over long distances is no problem)
- light (daylight to extreme UV-radiation)
- changing magnetic fields of the earth, moon, sun and other planets
- electro-smog
- microwaves
- alpha, beta and even gamma-rays

**This means that as long as the bottle with the carrier substance remains intact, all the metaphysical information remains unchanged and complete!**

Some physicists will shake their head about these statements, because such a technology of putting information onto a carrier substance with the qualitative attributions it has, was unknown until now. All we can say is: **TRY IT!**

If the reader may still have open questions after reading the present article this has two reasons:

First of all, it is not possible to explain in short the knowledge that is the result of 24 years of intensive research in a mostly neglected and highly complicated field.

Second of all, certain central refinements of this knowledge must still remain secret.

**When the time will have come to largely publish the details of the technology and the methods, when no more danger of suppression or misuse will be there anymore, we promise to make this knowledge available for anybody.**

# CHAPTER 14

## PHI-LAMBDA-TECHNOLOGY<sup>®</sup> and allergy

**L**ast but not least let us have a look at the mechanism of action of a PHI-LAMBDA product.

As mentioned above, long years of research have led to the situation that this technology allows to put bio-(LAMBDA) and quantum-energetic (PHI) information through a carrier substance (e.g. drops: 82 % distilled water and 18 % alcohol) onto a living organism (the LAMBDA organization plus structured and ordered PHI-particles) (human, animal or plant body).

The kind of information is composed and structured in such a way that it can positively stimulate the PHI level as well as the LAMBDA level of a living body.

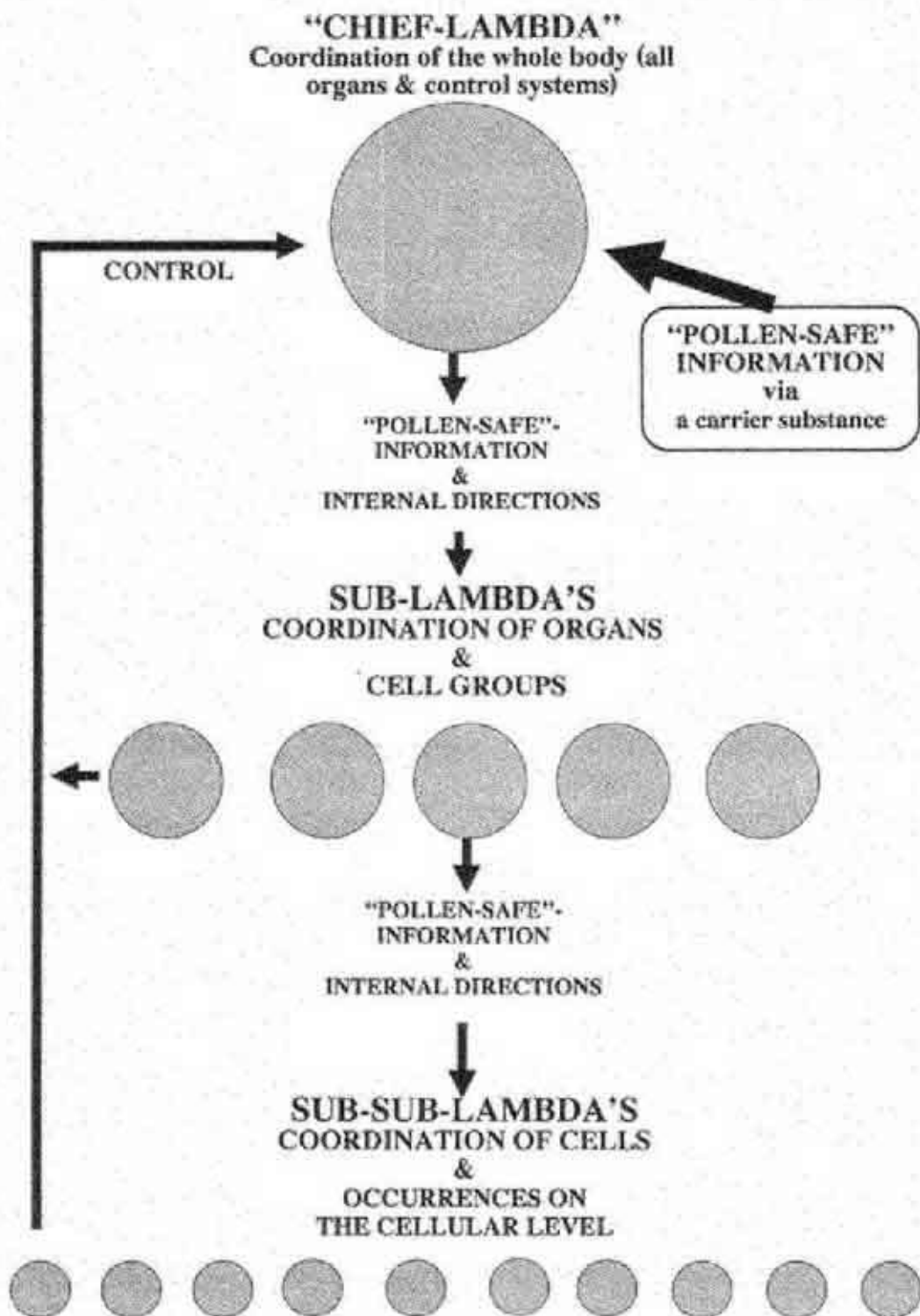
### Mode of action of PHI-LAMBDA products

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**T**he positive, desirable influence of PHI as well as LAMBDA leads to the following:

- **Dissolving energy blockages on the level of PHI**, which leads to the restoration of the optimal condition of the energy- and particle flow in a body;
- **Dissolving energy blockages on the level of LAMBDA**. This allows the LAMBDA organization to better "manage" its body;
- **Proper flow of communication among PHI-particles**, which allows the body to optimize its electrical and electromagnetic fields (AURA);
- **Proper flow of communication from LAMBDA to PHI and vice-versa**, which allows the body to control again better its biochemical occurrences;
- **Energetic discharge of restimulators**, so that they are of hardly any importance at all;
- **Considerable reduction of the spiritual charge of engrams on the LAMBDA level**, so that the body can regenerate and therefore heal;

# MODE OF ACTION OF PHI-LAMBDA-PRODUCTS: (Example: "POLLEN-SAFE")



• **and much more** which is beyond the frame of such a publication.  
The Scheme on p. 54 explains how PHI-

LAMBDA information gets into the different organizational levels and what they trigger there.



# CHAPTER 15

## PHI-LAMBDA Products for the "allergic" person

**A**t the present time about 800 PHI-LAMBDA products are available (products for human, animal and plant use, as well as technical applications). Out of these 800 products, 6 are particularly suited for the problem of allergies. They are:

### VITA-DROPS (Code A/I/ST)

**T**his is a very broad-spectrum product, and this is the reason why we have given it the name "Basic-Drops".

Until now it is the only product that does not have a **specific effect** on certain problem areas, organs or systems. VITA-Drops are directed straight to the central control of the LAMBDA organization and provides it with "tools" and "repair programs".

WITH THESE THE LAMBDA ORGANIZATION BEGINS, ACCORDING TO ITS OWN 'JUDGEMENT' AND PRIORITIES, TO REGENERATE, RE-

STRUCTURE AND REORGANIZE THE WHOLE BODY WITH ALL SYSTEMS, ORGANS DOWN TO THE CELLULAR LEVEL.

If a human being could live for 150 years or more and did not encounter any disease or accident, this product only would be sufficient. If a person regularly took VITA-Drops for about 20 to 30 years (depending on the age and therefore on the condition of the LAMBDA organization) this would bring about an absolutely perfect condition on the body-level, which again would lead to a slowing down (postponement) of the ageing process. A person of 60 or 70 years of age would therefore feel as if his body were around 30 years old, and this condition would remain for decades.

Ageing on the body-level means nothing else than the slight deterioration of the condition of individual cells due to environmental influences, negative experience (existing engrams and their corresponding restimulators), etc.

When such a slightly "deteriorated" cell divides (similar to a photocopy), its deterioration will be copied too.

Some time later, this new cell will divide again (having again deteriorated a little bit in the meantime) and so on, until the body dies at the age of 70, 80 or 90 due to "general wearing" or due to the "generally bad condition of the LAMBDA organization plus structured PHI-particles". This is what a human life normally looks like.

In pictorial image we may describe the process of ageing as follows:

Take an original picture of a cat and make a photocopy of it. Certainly this copy (which is a copy of the original) does not look quite as good as the original. If you copy this photocopy again, naturally the "copy of the copy" will not be exactly as good as the first copy of the original was, even less than the original itself is.

Now if you copy this "copy of the copy" yet once more, you will have the "copy of the copy of the copy", and **at this stage at the very latest, you will definitely find considerable differences in quality as compared to the original.**

Considering that this photocopy mechanism (what is called 'replication' of a cell) occurs between 50 to 70 times in a human lifetime, we might say that we talk here about a "super copy-machine". Simply try to make this 50 - 70 times copy on your office copier, and you will be surprised to see what you get at the end of this copying series - most likely only a white sheet of paper!

If, therefore, we could live for 150 years and there were neither acute diseases nor accidents against which something specific has to be done rapidly in order not to suffer a damage or die, we would have ample time for 30 years to have VITA-Drops "do their work". What is 20 percent of a human lifetime for such a final result!

Unfortunately, in practice it is entirely

different!

One day we may catch cold, then we may have the flu, after we break our ankle when ski-ing; we can say that all the time something is going on which creates immediately a **forced, usually very high priority.**

The LAMBDA organization must immediately do something about this acute physical problem.

Let us suppose that "detoxification of kidney-bladder" were on top of the list of "priorities for revision" of the LAMBDA organization. The body is therefore fully concentrated on optimizing and restoring kidney and bladder. This cycle, which lasts a few weeks up until several months, is now abruptly interrupted when a person for example brakes a rib.

Naturally the body interrupts its just started cycle of kidney-and-bladder and is fully occupied with the acute injury. Depending on the age of the body, it can take 3 to 6 months until such a damage is repaired completely.

When 3 months have passed since the accident, the body catches its usual autumn cold which again takes 6 weeks to fully cure. This is how it will continue for the coming years and decades and the LAMBDA organization has just never been able to finalize the already once begun 'kidney-and-bladder restoration and optimization process'!

And in all this we have not even talked about the long overdue revision of the circulatory system, or of the hormone system which has been "playing crazy" since puberty!

As you can see, this is like a big company with a big mess. If once something remains undone for a certain time, it is almost impossible to catch up again on the work.

In the case of a human body we really talk about a gigantic 'company' - just

remember the 75 trillion employees (cells) of it!

Now imagine that in the general confusion the "general manager" (THETA-factor) of the enterprise comes and has the very urgent and (for him) important desire to quickly have some hair grown on the forehead, or to please smoothen out some very disturbing wrinkles around the eyes, - this will most certainly "drive the employee up the wall".

Another example for a different interpretation of priority, or with the question of what should be done first, is demonstrated in the following example:

A lady of 40 years of age has been complaining since some years about her "unhealthy" skin. She has pimples on the chin and around her mouth and every Friday she goes to the cosmetician and spends a lot of money for some treatment. There is nothing worse for this lady than her unhealthy complexion and the pimples and she would do most anything to change this situation.

For this lady, the solution of this particular cosmetical problem has absolute priority and she forces her body to realize this and finally do something about it.

If we could question the LAMBDA-organization of this lady's body about its opinion to the whole matter, it might answer as follows:

The reason why pimples appear on the face again and again does not lie in the skin itself, but its actual cause lies in the fact that since many years elimination of toxins through the intestines, kidneys and the lymphatic system has only functioned "at half-speed" and we have already for a long time been trying to correct this situation.

This example clearly shows that what is top-priority to the "inhabitant of the body" - in this case a pure facial skin - is not necessarily the actual top-priority from

the point of view of the LAMBDA-organization.

If this lady really understood the connections, she would be well advised to assist the body in its repair and regeneration of intestines, kidneys and the lymphatic system. In this manner she would even be able to "kill two birds with one stone", because she would have a perfectly functioning elimination system and she would have a facial skin like the bottom of a baby; and all this without much cost and effort!

For this and further 'LAMBDA-organizational' reasons, there exist - since mid-1988 - other products besides VITA-DROPS which have been designed to specific problems so that the LAMBDA-organization can on the one hand "check" and repair all the body-systems in its preferred sequence (= priority), and on the other hand can in parallel make the "repairs" of acute diseases, accidents, priorities of the person as the "owner of the body" as well as of "cosmetic" defects.

- Administration: 3 x 3 drops per day in some liquid or in food, or in addition very sparsely apply on wounded area. This is a product that absolutely every person needs, never mind the age of the body. It is worthwhile to take VITA-DROPS over several years in order to bring the LAMBDA-organization into durable optimal condition.

## METAB-DROPS (Code A/3/ST)

**T**his product was specially designed to bring the whole metabolism of a body back "to running at full speed".

Metabolism makes life possible through building up parts of the body (**constructive metabolism**) or through burning of the food offered (**metabolism of activ-**

ity). Metabolic occurrences can also be defined as continuous chemical movements.

Let's take a simple example like eating a slice of bread in order to see what we understand by "metabolism":

A person crushes up the starchy bread by chewing it. In the mouth, in the stomach and especially in the intestines, certain **bio-catalysers**, so-called **enzymes**, cut the food in individual building blocks, the so-called molecules.

Only from a certain size on - when molecules or molecular groups have been split up enough - can they pass the **intestinal wall**. This process is called "**resorption**". However, the actual metabolic process has not yet started. It only begins when the smallest components are brought via the blood stream to tissues and organs of the body - in our case this would be **glucose**, which is the result of the various already described digestive processes. The sugar will go from the blood vessels of the intestines that first absorbed the small molecules to the liver. The liver is the central and most important metabolic organ of the body. Here the actual metabolism begins.

First the liver can let the glucose pass freely and thus give it on to the metabolism of other organs. The liver is further capable of storing sugar as life strength (**liver glycogen**) and, if the body requires it such as in physical work, retransform it into glucose and make it available. Here some 'substance' is being transformed into another substance. However, the liver can handle it very differently. In order to gain energy, glucose can be burned (**oxydized**) through specific chemical processes in the liver as well as in other organs. This sets free energy for work or for temperature increase. Another possibility of the liver's handling the glucose is transformation of sugar into fat.

The fatty acids are formed from the glucose molecules and changed into neutral fats with a catabolic product of glucose (glycerophosphate). Since so-called triglycerides can be stored in fatty tissue of man, this would be a process of the **constructive metabolism**. On the other hand it is precisely the fat reserves thus accumulated which in the long run enable the body to get energy in times of hunger. However, this would be a classical example for the **metabolism of activity**. It follows that in a physiological and biochemical sense it is not always possible to strictly draw the line between constructive metabolism and metabolism of activity.

Assuming that the person who serves us as an example for the explanation of the term metabolism has eaten a slice of bread with butter and sausage. Until the point of resorption the same things happen as if he or she had only eaten a plain slice of bread. The only difference is that now different **enzymes** are required for the digestion of the egg-whites (proteins) in the sausage and for the fat contained in the butter (and in the sausage). The individual components of protein, called **amino acids**, again first flow through the intestinal tract to the liver, where generally the constructive metabolism is clearly dominating. The liver builds up essential, important proteins which influences our lives in various forms. Proteins can be synthesized also in the mucous of the intestines from amino acids absorbed therefrom - nevertheless, **protein synthesis** preferably occurs in the liver.

In order to emphasize the importance of protein synthesis we may add that all enzymes which have a regulatory mechanism in the metabolism and make the various processes mentioned possible (such as building up glycogen from glucose), consist on one hand of protein that

the body synthesizes itself, and on the other hand of enzymes that are synthesized with the aid (**sybiosis**) of **microorganisms** living in the intestinal tract (see SYMBIOSE-DROPS).

In an emergency situation the body is capable of taking proteins and transform them (or rather their individual amino acids) into energy. This is a procedure of the constructive metabolism, i.e. by melting important endogenous protein.

The mechanism of **fat absorption** - as in our example of the butter on the bread - is a little bit more complicated. It is possible that fat passes the liver, is absorbed in form of fat droplets, and can enter the circulation of the body. But here again, the liver is responsible for the "transformation work": in the metabolism of fats.

We can therefore conclude that whenever we talk about components being **changed, transformed** or **'burned'** (oxydized) in the above mentioned "continuous chemical and biochemical movements" in a human body, whenever a compound is changed into another compound, we speak about metabolism. The more metabolic processes were found in detail, the more natural scientists became respectful for the extraordinary variety of mechanisms controlled by LAMBDA.

Life is not only metabolism, but without metabolism there would be no life!

If we express the term metabolism scientifically, we would say that it comprises all chemical-biological processes that produce energy or build up body-substance through transformation or breaking down of endogenous or storage substances, or else of the substances contained in food. A closer look at these definitions therefore reveals the importance of these processes and we realize that many things stand or fall by the correct functioning of this area.

What is the point in putting emphasis on 'biological nutrition', on buying only the best and most expensive food and preparing and cooking them with greatest care, if the organism is not able to absorb all these "good things" and build them into the body?

What does it help if overweight people make a weeks-long diet and starve in order to loose a few pounds of their unnecessary fat, if the organism is not able to do it properly and immediately after termination of the diet takes good care that the "emergency stock" is replenished?

METAB-DROPS were specially designed to restore order in the whole metabolism piece by piece, step by step. The results obtained so far are excellent, and can often be called 'miraculous'. It is possible that overweight people loose weight all by themselves, not with a 'starvation diet', but through the body finding itself a different habit of eating. Suddenly the crave for sweets has disappeared, or we get a full stomach from a much smaller amount of some food, or else, the desire to eat particularly "fat producing" food is very small. Even the inventor of this product was extremely surprised to find in a self-trial that after 5 months he had lost 38 kilos (76 pounds!) with this product - a fact that certainly all people who know him will be ready to confirm!

Although METAB-DROPS are **not** a special product for slimming, however, as soon as the metabolism is working again properly, it is much easier for the body to find its own balance and to keep it.

This applies for overweight people who "gain weight just by looking at sweets", as much as it applies for underweight persons who can eat whatever they want and who would never gain a pound.

• Administration: 3 x 3 drops per day in some liquid or in food. In general, in an

average metabolic system, a 'basic cure' of one to two bottles of METAB-DROPS will suffice. Such a cure can be repeated every two to three years if required or if food supply or environment is extremely polluted.

## IMMUNO-SAN (Code A/2/ST)

**T**his product was specially designed for the whole immune system of the human body. Taking a closer look at the definition 'immune system' we face a gigantic, extremely ingenious organization for the protection of the body against invaders such as dirt, bacteria, fungi, virus etc.

**To be immune means to be protected.** Ideally, the immune system wards off any foreign invader. However, sometimes this protective mechanism fails: when it is overwhelmed by a restimulation of LAMBDA through flu-viruses, pathogenic bacteria, fungi or other triggers. In certain cases like rheumatoid arthritis or multiple sclerosis the immune system even works against its own body. And in AIDS (HIV) it is initially used to spread the disease and finally destroyed in a destructive virus attack. The body begins to get old when the immune system loses its power of activity and gets weaker.

The immune system is probably the most important and complicated of all systems of our body. Immunological science causes orthodox scientists quite a lot of headache and if the innumerable results had been evaluated and analyzed correctly, the existence of LAMBDA would have been known to doctors and geneticians since a long time, and substantial results could be obtained!

In the years to come, the discoveries of A. Oefeli in the field of immunology will

be the starting point for a better, healthier future of men, animals and plants.

**What is the immune system?** The immune system is a very complex system of metaphysical (LAMBDA), cellular and molecular units which are in constant relation (communication) with each other. Their most important task is to protect the body against pathogens. This system works on various levels, beginning with a general defense up until a very targeted one. It consists of a variety of different protective mechanisms: electrical impulses and fields controlled by LAMBDA, communication with biophotons, the white blood corpuscles (lymphocytes) and certain protein substances in the body fluid.

The first, or general, level of defense consists of the various defense mechanisms of skin and mucous fluids as are present in all openings of the body: eyes, nose, mouth, anus, urethra and vagina. The skin is not only a physical border to the outer world, it is also a chemical and cellular protection against pathogens. The typically sour climate and the immuno-biological characteristics of the mucous are responsible for a real protective wall at these openings of the body. The largest amount of pathogens is already beaten back at the very front - comparable to a fortress with a water moat. Many of them are dissolved by the gastric acid or washed away with the immense number of steadily dying off skin cells. Others are destroyed in sweat, or under the skin where - invisible for the human eye - there is constant movement.

Some pathogens can be stopped before even reaching these front lines of defense. Latest findings have revealed that the common cold, for example, is much more often transferred by simply shaking hands rather than by coughing or sneezing. If we blow our nose, viruses can get into the

handkerchief and thus onto our hands. If such a virus has been transferred by a handshake, an organism with a weakened immune system can be easily infected. An unconscious touching of eyes, nose or mouth may be enough. A very simple method of avoiding the spread of flu viruses in winter is frequent washing of the hands. The best would be we all took over the Japanese way of greeting: bowing.

The defense at the very front line can be very effectively supported by suitable hygienic measures. The steam bath which the American Indians have known since centuries, the Turkish bath in high esteem in the countries of the Near East since the Middle Ages, the over thousand years old Finish sauna and the Japanese Bath Houses are very efficient ways to kind of sweat out, wash away and thus destroy bacteria and other microorganisms.

The body has other means of defense in which cellular and molecular units stand in a very complex interrelation. These elements circulate in the whole circulatory system and in the lymph fluid (see LYMPH-DROPS), and are always moving among the cells in order to attack and destroy pathogens of any kind.

The army of defense forces is under the guidance of the white blood corpuscles. They fight all foreign invaders. Their adaptability allows them to get active in a variety of forms: as leukocytes, as macrophages and as lymphocytes. Leukocytes and macrophages are at the very front prepared against all sorts of invasions of microscopically tiny intruders and 'doing their job' as a guard at the entrance door. If these white blood corpuscles do not succeed in destroying an intruder, the macrophages send out telepathic, electrical and chemical signals to the lymphocytes to tell them that it is their turn to act with special defense techniques. Tradi-

tional school medicine regards lymphocytes as the most effective part of the immune system.

Medical doctors are of the opinion that all white blood corpuscles are produced by a so-called parent-cell located in the bone marrow, mainly in the sternum (breast-bone), in the ribs, in the hips as well as in the bone of the upper arm and thighs. This is the reason why they try to help immuno-deficient people who have little or no own defense with bone-marrow transplantations. (If they are lucky, a little bit of LAMBDA will be transplanted too, and then it does help!)

The immune system is split into two divisions. After their production, lymphocytes separate into T-cells and B-cells. T-cells got their name from the thymus gland which is behind the sternum. They pass through it and they owe their immunobiological typical character to this gland. It is interesting to note that if the thymus gland is removed surgically other glands will take over the development of T-cells. T-cells represent the cellular immunity of the body. Certain groups of pathogens are entirely controlled by the cellular immune system and the defense T-cells.

The second division of the immune system consists of the so-called B-cells. They owe their name to a gland which is called "Bursa" through which certain white blood corpuscles (lymphocytes) are transported. In this connection A. Oefeli discovered a very interesting phenomenon: even though the Bursa-gland could be localized in chicks, for some strange reason it could not be found in humans. Scientists engaged in the research of thymus/Bursa have begun to vaguely state that "most probably the human Bursa is not a clearly defined gland but rather an area of the body with a certain mode of action".

Isn't this interesting? If these scientists would take a closer look or used some more common sense, the presence of LAMBDA would be a logical conclusion to draw.

When lymphocytes have passed through the Bursa-gland, they are B-cells which in their turn become plasma cells. These produce antibodies from protein molecules. Antibodies are the "warrior" of the second division of the immune system which is termed "humoral immunity".

An adult has millions of defense cells that race through the body, dash through blood- and lymph vessels or go through organs in order to direct towards their target; the foreign intruders. They can only be discerned under an electron microscope and they look like a lobster which holds the attacker with its pincers. As soon as contact has been established they can destroy bacteria with a highly complicated chemical process.

The white blood corpuscles, divided into complexes of T-cells and B-cells, form the basic defense of the immune system. These cells are in constant movement and remove all substances from the body that are recognized as being 'hostile'.

Large volumes could be written on the composition and function of the immune system, however, for general understanding we shall stop at this point.

- Administration: 3 x 3 drops per day in some liquid or in food. IMMUNO-SAN is a product for most people, regardless of the age of their body. It is recommended to make a "basic cure" of about 6 months (2 bottles) with IMMUNO-SAN in order to bring this part of the LAMBDA-organization of the body into optimal condition.
- If, at a later time, there are signs of a small cold, flu, or something like this (which cannot be excluded during the

first 3 years) take 3 x 3 drops as described above, until all symptoms have completely disappeared and then for another 2 weeks.

## LYMPH-DROPS (Code A/5/ST)

**T**his product was designed to make the lymphatic system of the body work again perfectly.

The lymphatic system again is one of the most important basic systems of the body. It is regrettable that not much emphasis has been put on its research - quite an injustice.

It goes without saying that the circulatory system is much more impressive, but the lymphatic system's function for the organism is at least as important. In fact in many ways these two systems are closely related to each other.

Oxygen, molecular building blocks etc. penetrate the walls of the finest blood vessels, the so-called capillaries, into the spaces between the cells, from where they are absorbed by the cells. Carbon dioxide as a waste product of the metabolism of activity penetrates from the cells via the intercellular fluid into the capillaries and is transported away by small veins.

During this processes of exchange approx. 80,000 liters of water of the blood plasma is being exchanged per day with the water of the intercellular fluid. This means an ebb and flow of one liter of water per second. 90 % of an excess of liquid in the intercellular space is brought back to the capillaries by small collective veins. The remaining 10 % is transported off by the lymph vessels - about 2 liters a day.

Lymph, the liquid in the lymphatic system, is therefore in fact a liquid of the intercellular space and because of the



steady exchange processes also liquid of the blood plasma. With this liquid (the lymph), the lymph vessels also transport larger protein corpuscles that cannot be absorbed by the capillaries anymore. In addition, they transport waste products and dead cells. Waste products and debris are kept back by lymph nodes which are interposed between the lymph vessels, and are there destroyed by the lymphocytes. Proteins and liquids are transported further and flow directly into the veins system via larger lymph vessels. They are thus brought back to the blood again.

Other lymph vessels are in charge of transporting fat absorbed by the small intestinal cells from food. Such fat droplets with a protein shell (chylomicrons) look milky-white (chyle). They are responsible for bringing into the organism vitamins that are soluble in fat, but unfortunately also toxic pesticides which are soluble in fat, as well as other environmental toxins. After a given course through the lymph vessels, chylomicrons enter the system of the blood vessel and are transported to their target points. Only a part of the nutritive fat split in the small intestines, the medium- and short-chained fatty acids, enter the liver directly via the portal vein.

In summary, the lymphatic system is in charge of the following:

- additional drainage system of the liquid in the intercellular spaces and flow back of liquid into the system of the blood vessels. This drainage function avoids dangerous accumulation of liquid in the intercellular spaces;
- transporting protein molecules from the intercellular space and returning them to the blood;
- transporting away cell debris, bacteria and waste products from the intercellular space, filtration and decomposition

in the lymph nodes, the "filters" of the immune system;

- transporting nutritive fats into the blood.
- The lymphatic system again would allow for many books to be written, however, what has been said here must suffice for a basic understanding.

If you please remember that every day about **80,000 liters of water** of blood plasma is exchanged with the cellular liquid - then you will get an idea of the importance of the lymphatic system.

If such an enormous amount of liquid cannot flow in an optimal way due to hyperviscosity (too high resistance of the flow) - which is often the case - or if the lymph vessels are "bio-energetically" cramped, this extremely important system is considerably reduced in its activity, which as a consequence has an influence on the functioning and well-being of the whole organism.

- Administration: 3 x 3 drops per day in some liquid or in food. LYMPH-DROPS is a product for most people, regardless of the age of their body. It is recommended to make a "basic cure" of about 3 months (1 bottle) with LYMPH-DROPS in order to bring this part of the LAMBDA-organization of the body into optimal condition. Such a cure can be repeated every 3 to 4 years if required.

## ASTHMA-DROPS (Code A/525/ST)

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## RESPIRATION-CARE-DROPS

(Code A/12/ST)

ALLERGIC-CARE-DROPS

(Code A/ 524/ST)

POLLEN-SAFE

(Code A/523/ST)